

Barnet and District AC - Summer Track Rankings 2003

BOYS UNDER 15

100 metres

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|-------------|-----------------|-----------------|----------|----------|
| CLUB RECORD | 11.52 | Devlin Williams | Exeter | 11-07-98 |
| 12.4 | Stephen Rayner | Watford | 10-05-03 | |
| 12.6 | Michael Boateng | Milton Keynes | 27-04-03 | |
| 14.6 | Christian Louka | Huntingdon | 25-05-03 | |
| 15.0 | Ben Smith | Hemel Hempstead | 22-06-03 | |
| 15.1 | Ben Nagy | St Albans | 27-07-03 | |

200 metres

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|-------------|-----------------|-----------------|----------|----------|
| CLUB RECORD | 23.7 | A.Ash | C.Palace | 26-06-76 |
| 25.8 | Stephen Rayner | Copthall | 17-08-03 | |
| 30.4 | Christian Louka | Hemel Hempstead | 22-06-03 | |
| 31.73 | Ben Smith | Watford | 07-09-03 | |
| 31.8 | Michael Boateng | Milton Keynes | 27-04-03 | |

400 metres

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|-------------|-----------------|-----------------|----------|----------|
| CLUB RECORD | 53.2 | A.Carter | Copthall | 12-06-78 |
| 66.8 | Stephen Rayner | Milton Keynes | 27-04-03 | |
| 69.56 | James Goddard | Watford | 07-09-03 | |
| 70.9 | Ben Nagy | Hemel Hempstead | 22-06-03 | |
| 71.5 | Christian Louka | Milton Keynes | 27-04-03 | |
| 71.7 | Ben Smith | Copthall | 17-08-03 | |

800 metres

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|-------------|-----------|---------------|----------|----------|
| CLUB RECORD | 2-01.7 | R.Bailey | Copthall | 13-06-81 |
| 3-07.8 | Ben Smith | Milton Keynes | 27-04-03 | |

1000 metres

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| CLUB RECORD | 2-46.3 | M.Treasarden | C.Palace | 10-09-86 |
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1500 metres

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| CLUB RECORD | 4-09.8 | R.Bailey | New River | 16-09-81 |
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1 mile

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| CLUB RECORD | 4-50.2 | M.Treasarden | Copthall | 06-08-86 |
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2000 metres

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| CLUB RECORD | 6-18.6 | E.Fowler | W London | 26-08-78 |
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3000 metres

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| CLUB RECORD | 9-14.0 | M.Edwards | C Palace | 22-07-79 |
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80m Hurdles

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| CLUB RECORD | 12.7 | M.Pearce | C Palace | 27-07-80 |
| 15.2 | Stephen Rayner | Milton Keynes | 27-04-03 | |

Pole Vault

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| CLUB RECORD | 2-95 | J.Roberts | Copthall | 22-07-79 |
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High Jump

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| CLUB RECORD | 1-65 | J.Roberts | Copthall | 10-07-80 |
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Long Jump

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| CLUB RECORD | 6-15 | T.Hill | Copthall | 13-06-87 |
| 4-30 | Christian Louka | Copthall | 17-08-03 | |
| 4-19 | Ben Smith | Huntingdon | 25-05-03 | |
| 3-18 | Michael Jablonka | Milton Keynes | 27-04-03 | |

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|--------------|----------------|----------------------------------|------------|----------|----------|
| Tri ple Jump | | | | | |
| CLUB RECORD | 11-62 | R.Brough | New River | | 24-04-77 |
| Hammer | | | | | |
| CLUB RECORD | 43-04 | N.Cuckson | Copthall | | 27-11-77 |
| Shot | | | | | |
| CLUB RECORD | 12-28 | OliverLawton | Kings Lynn | | 12-06-98 |
| 9-23 | Stephen Rayner | Watford | | 07-09-03 | |
| 7-39 | Ben Nagy | Copthall | | 17-08-03 | |
| 6-99 | Sam Rice | Milton Keynes | | 27-04-03 | |
| Discus | | | | | |
| CLUB RECORD | 39-26 | OliverLawton | Watford | | 20-09-98 |
| 20-64 | Sam Rice | Milton Keynes | | 27-04-03 | |
| 19-26 | Ben Nagy | Hemel Hempstead | | 22-06-03 | |
| Javelin | | | | | |
| CLUB RECORD | 39-50 | D.Harris | Windsor | | 29-06-80 |
| 19-76 | Sam Rice | Huntingdon | | 25-05-03 | |
| 4x100mrelay | | | | | |
| CLUB RECORD | 48.8 | Parlett,Em ery,Satchell,Brough | Watford | | 14-05-77 |
| 59.5 | | Hemel Hempstead | | 22-06-03 | |
| 4x400mrelay | | | | | |
| CLUB RECORD | 3-57.7 | Parlett,Emerey,Carter,Cuckson | Luton | | 24-07-77 |
| 4x200mrelay | | | | | |
| CLUB RECORD | 1-57.2 | Rob erts,Stachan,Pearce,Kavanagh | Stevenage | | 21-07-79 |
| Pentathlon | | | | | |
| CLUB RECORD | 2988 | Philip Miller | Copthall | | 28-07-74 |