

Barnet and District AC - Summer Track Rankings 2004

BOYS UNDER 15

100 metres

CLUB RECORD	11.52	Devlin Williams	Exeter	11-07-98
13.5	James Armstrong	Ware	02-05-04	
13.9	Tommy Bryant	New River	20-06-04	
15.4	Sam Barrow	New River	20-06-04	

200 metres

CLUB RECORD	23.7	A.Ash	C.Palace	26-06-76
27.9	Charlie Muir	Hemel Hempstead	19-09-04	
28.0	James Armstrong	Ware	02-05-04	
28.8	Tommy Bryant	Huntingdon	30-05-04	
30.2	Ben Smith	Ware	02-05-04	
35.4	Owen Randall	Hemel Hempstead	19-09-04	

400 metres

CLUB RECORD	53.2	A.Carter	Copthall	12-06-78
63.2	Tommy Bryant	Ware	02-05-04	
63.2	Ben Smith	Hemel Hempstead	19-09-04	
68.2	James Goddard	Huntingdon	30-05-04	
68.9	Charlie Muir	New River	20-06-04	
73.4	Matt Henderson	Ware	02-05-04	

800 metres

CLUB RECORD	2-01.7	R.Bailey	Copthall	13-06-81
2-20.5	Tommy Bryant	New River	20-06-04	
2-33.2	Ben Smith	New River	20-06-04	
2-45.1	Ben Nagy	Ware	02-05-04	
3-02.2	Matthew Bidmead	Hemel Hempstead	19-09-04	

1000 metres

CLUB RECORD	2-46.3	M.Treasarden	C.Palace	10-09-86
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1500 metres

CLUB RECORD	4-09.8	R.Bailey	New River	16-09-81
5-08.9	Owen Randall	Hemel Hempstead	19-09-04	

1 mile

CLUB RECORD	4-50.2	M.Treasarden	Copthall	06-08-86
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2000 metres

CLUB RECORD	6-18.6	E.Fowler	W London	26-08-78
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3000 metres

CLUB RECORD	9-14.0	M.Edwards	C Palace	22-07-79
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80m Hurdles

CLUB RECORD	12.7	M.Pearce	C Palace	27-07-80
16.5	Matt Henderson	Ware	02-05-04	
17.3	Sam Barrow	New River	20-06-04	
17.3	S Bidmead	New River	20-06-04	
17.77	Tommy Bryant	Watford	26-09-04	

Pole Vault

CLUB RECORD	2-95	J.Roberts	Copthall	22-07-79
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High Jump

CLUB RECORD	1-65	J.Roberts	Copthall	10-07-80
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1-45	Ben Nagy	Ware	25-07-04
1-36	Tommy Bryant	Watford	26-09-04
1-20	Sam Barrow	New River	20-06-04

Long Jump

CLUB RECORD	6-15	T.Hill	Copthall	13-06-87
4-70	Tommy Bryant	Watford	26-09-04	
4-28	Ben Smith	Huntingdon	30-05-04	
3-85	Christian Louka	Ware	02-05-04	
2-84	Michael Hammond	Hemel Hempstead	19-09-04	
2-81	Owen Randall	Hemel Hempstead	19-09-04	

Triple Jump

CLUB RECORD	11-62	R.Brough	New River	24-04-77
8-48	Charlie Muir	Hemel Hempstead	19-09-04	

Hammer

CLUB RECORD	43-04	N.Cuckson	Copthall	27-11-77
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Shot

CLUB RECORD	12-28	Oliver Lawton	Kings Lynn	12-06-98
8-01	Ben Nagy	Ware	25-07-04	
7-72	Tommy Bryant	Watford	26-09-04	
6-71	Ben Smith	Ware	25-07-04	
4-76	Christian Louka	Ware	02-05-04	

Discus

CLUB RECORD	39-26	Oliver Lawton	Watford	20-09-98
19-47	Ben Nagy	Ware	25-07-04	
14-16	Ben Smith	Huntingdon	30-05-04	
7-45	Matthew Bidmead	New River	20-06-04	

Javelin

CLUB RECORD	39-50	D.Harris	Windsor	29-06-80
21-61	Matt Henderson	Ware	02-05-04	
15-81	Ben Nagy	New River	20-06-04	
11-89	James Armstrong	Ware	02-05-04	

4x100m relay

CLUB RECORD	48.8	Parlett,Emery,Satchell,Brough	Watford	14-05-77
54.6		Ware	02-05-04	

4x400m relay

CLUB RECORD	3-57.7	Parlett,Emery,Carter,Cuckson	Luton	24-07-77
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4x200m relay

CLUB RECORD	1-57.2	Roberts,Stachan,Pearce,Kavanagh	Stevenage	21-07-79
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Pentathlon

CLUB RECORD	2988	Philip Miller	Copthall	28-07-74
1535	Tommy Bryant	Watford	26-09-04	