

# NORTH WEST LONDON YOUNG ATHLETES CC. LEAGUE

Fixture Held at Trent Park, Cockfosters, Saturday 23rd Nov. 2019

## Boys Under 11

## 2000 metres

1	A. Seddon	Dac	6.56
2	A. Phillips	Sh B	6.58
3	J. Challis	Cook	6.59
4	B. Redland	LH	7.12
5	O. Flemming	Bar	7.21
6	T. Jayawardena	Bar	7.22
7	A. Phflug	Hig	7.26
8	E. Brown	LH	7.31
9	A. Charles	Cook	7.35
10	M. Panwar	Sh B	7.36
11	B. Mallandaine	Sh B	7.38
12	H. Bruynoughe	Hig	7.41
13	W. Howes	Cook	7.42
14	A. Shaw	Hig	7.44
15	M. Stripp	ESM	7.46
16	F. Mormech	Cook	7.46
17	A. Trotman	Loughton	7.48
18	A. Reupke	QPH	7.48
19	N. Evans	Cook	7.51
20	Unknown	?	7.53
21	L. Rice	Cook	7.56
22	M. Gilzean	T Pk	7.59
23	F. Hollings	Orion	8.01
24	H. Englishby	QPH	8.09
25	L. Shaw	Sh B	8.11
26	L. Bahn	Hig	8.16
27	A. Salkeld	QPH	8.19
28	M. Summers	T Pk	8.21
34	L. Falk	T Pk	8.31
35	M. Phillis	Cook	8.32
36	C. Roberts	LH	8.34
37	B. Yousuf	ESM	8.36
38	T. Taylor	Hig	8.39
39	T. Holmes	Cook	8.41
40	M. Moody	Dac	8.43
41	C. Robert.	Hrw	8.44
42	J. McDonagh	Bar	8.47
43	W. Powell	Cook	8.52
44	O. Harrison	ESM	8.54
45	M. MacKenzie	QPH	8.59
46	J. Burges	Eal E	9.02
47	J. Testa	QPH	9.07
48	O. Dow	Bar	9.08
49	G. Bellas	Bar	9.11

50	L. Kercher	T Pk	9.43
51	W. Massey	T Pk	9.49
52	T. Finnegan	T Pk	10.14
53	T. Walker	T Pk	11.11

### Boys under 11 just NWL clubs included

1	Cookham 'A'	41
2	Shaftesbury Barnet	45
3	Highgate	56
4	London Heathside	73
5	Barnet & Dist	90
6	Cookham 'B'	96
7	QPH	104
8	Trent Park 'A'	106
9	Ealing Sthl. Middx	116
10	Dacorum & Tring	140
11	Harrow	191
12	Trent Park 'B'	194
13	Ealing Eagles	196

### Boys Under 11 With all competing clubs included

1	Cookham 'A'	41
2	Shaftesbury Barnet	48
3	Highgate	59
4	London Heathside	79
5	Barnet & Dist	101
6	Cookham 'B'	105
7	QPH	114
8	Trent Park	117
9	Ealing, Sthl. Middx	125
10	Dacorum & Tring	149
11	Loughton	179
12	Orion	185
13	Harrow	193
15	Ealing Eagles	208

**Boys Under 13****3000 metres**

1	Z. Jones	Sh B	10.39
2	A. Mulvihill	Hig	10.46
3	L. Baughan Withington	Bar	10.56
4	A. Ward	Sh B	11.17
5	L. Bass	T Pk	11.19
6	T. Parker	L H	11.21
7	E. Clement	Dac Tr	11.21
8	R. Webster	Hig	11.22
9	R. Rock	TVH	11.32
10	S. Lindsell (Guest)	Har Stars	11.36
11	C. Powell (Guest)	Chiltern	11.38
12	E. Powell	Bar	11.45
13	W. Dart	Cook	11.46
14	D. Robert	Hrw	11.47
15	W. Nicole	Hig	11.47
16	A. Edgar	ESM	11.56
17	L. Moore	TVH	11.58
18	E. De Souza	Orion	12.02
19	G. Fawcett	Bar	12.03
20	A. Challis	Cook	12.07
21	S. Colley	Cook	12.21
22	T. Narvaex White	Sh B	12.22
23	H. Barrow	Dac Tr	12.24
24	J. Jackson	T Pk	12.28
25	O. Moss	T Pk	12.38
26	E. Paine	T Pk	12.45
27	J. Andrews	Bar	12.51
28	K. Somani	Sh B	12.56
29	W. Moffett	Orion	12.56
30	M. Omell	Bar	12.59
31	I. North	Dac Tr	13.01
32	O. Strudwick	Orion	13.11
33	J. Drinkell	Hig	13.21
34	T. Whitehouse (Guest)	Bar	13.43
35	R. Hucknall	Dac Tr	13.51
36	K. Ricketts	Orion	13.56
37	A. Ball	T Pk	14.01
38	O. Emery	Orion	14.21
39	O. Podbury	Cook	14.23
40	L. Dominguez	Loughton	14.29
41	O. Smythe	Bar	14.33
42	J. Sutcliffe	T Pk	14.38

## **BOYS UNDER 13**

### **Teams - North West London League only**

1	Shaftesbury Barnet	49
2	Highgate	51
3	Barnet & Dist	53
4	Trent Park	71
5	Cookham	77
6	Dacorum & Tring	83
7	TVH	92
8	London Heathside	108
9	Harrow	114
10	Ealing Sthl. Mdx	116

### **Teams with all clubs included**

1	Shaftesbury Bar	55
2	Highgate	58
3	Barnet & Dist	61
4	Trent Park	80
5	Cookham	93
6	Dacorum & Tring	96
7	TVH	112
8	Orion	115
9	London Heathside	135
10	Harrow	143
11	Ealing, Sthl Middx	145
12	Loughton	169

**Boys Under 15      4000 metres**

1	F. McGrath	Cook	14.05
2	A. Ferrari	T Pk	14.19
3	J. Davis Black	LH	14.27
4	J. Bailey	Hig	14.31
5	S. Blake	LH	14.31
6	M. Smith	LH	14.35
7	T. Gaunce	Dac Tr	14.38
8	T. Albone	Dac Tr	15.13
9	L. Maher	LH	15.21
10	A. Ansell	Orion	15.22
11	E. Isted	Cook	15.33
12	S. Hasson	LH	15.33
13	G. Sydenham	Bar	15.35
14	R. Edwards	W Green	15.37
15	J. Everson-Plant	Cook	15.49
16	J. Alden	Bar	15.53
17	E. Jackson	T Pk	15.54
18	T. Fryer	Dac Tr	15.59
19	D. Banyad	Sh B	16.01
20	M. Kercher	T Pk	16.03
21	C. Bleazard	Cook	16.14
22	T. Berger	T Pk	16.17
23	J. O'Hara	Sh B	16.21
24	A. Dietrich	LH	16.24
25	C. Shervell	Cook	16.31
26	F. Beale	LH	16.36
27	C Du Preez	Cook	16.39
28	N. Crabtree	T Pk	16.39
29	A. Reed	LH	16.48
30	J. Rashid Grant	Bar	16.54
31	J. Hamilton	Dac TR	16.56
32	N. Clarke	Bar	17.01
33	T. Boden	Sh B	17.04
34	H. Swantonm	T Pk	17.17
35	T. Pajak	T Pk	17.44
36	D. Kean	Orion	18.24
37	M. Prenga	T Pk	18.59
38	H. Zaaiteer	ESM	19.41
39	B. Halstead	T Pk	19.42
40	J. Newton	T Pk	20.12
41	J. James	Loughton	20.44
42	W. Grimsdell	T Pk	21.17
43	N. Wakinshaw	Loughton	22.13

## Boys Under 15

### Teams NWL Teams only

1	London Heathside	23
2	Cookham	43
3	Trent Park	55
4	Dacorum & Tring	57
5	London Heathside 'B'	70
6	Barnet & Dist	78
7	Shaftesbury Bar	102
8	Trent Park 'B'	116
9	Highgate	112
10	Ealing. Sthl. Mdx	152

### Teams with all clubs included

1	London Heathside	23
2	Cookham	48
3	Trent Park	61
4	Dacorum & Tring	64
5	London Heathside 'B'	91
6	Barnet & Dist	91
7	Shaftesbury Barnet	119
8	Trent Park 'B'	134
9	Orion	134
10	Highgate	136
11	Woodford Green	146
12	Ealing Sthl. Middx	170
13	Loughton	172

**Men Under 17****5000 metres**

1	S. Burnell	Dac Tr	18.12
2	O.O'Connor	LH	18.21
3	D. Benton	TVH	18.26
4	M. Armstrong	Dac Tr	18.28
5	J. Chamberlain	Dac Tr	18.43
6	R. Edwards	W. Green	19.12
7	F. MacCarthy	Sh B	19.23
8	S. Umashankar	TVH	19.38
9	T. O'Reilly	Dac Tr	19.44
10	W. MacKenzie	QPH	19.55
11	A. Lytrides	T Pk	20.04
12	T. Edgar	ESM	20.12
13	A. Ferrand	TVH	20.16
14	M. Watson	Hig	20.29
15	S. Ingram	LH	20.58
16	M. Woolf	T Pk	21.11
17	L. Bavington-Hedge	T Pk	21.13
18	L. Finnegan	T Pk	21.22
19	B. Woolf	T Pk	21.46
20	N. Boase	Orion	22.11
21	J. Street	T Pk	23.22
22	J. McAnallen	Bar	24.31
23	A. Bigg-Wither	Bar	29.24

**Men Under 17 NWL Teams only**

1	Dacorum & Tring	18
2	TVH	44
3	Trent Park	58
4	London Heathside	60
5	Shaftesbury Barnet	72
6	QPH	75
7	Ealing, Sthl. Mdx	77
8	Highgate	79
9	Barnet & Dist	83

**Men under 17 all teams included**

1	Dacorum & Tring	19
2	TVH	48
3	Trent Park 'A'	62
4	London Heathside	65
5	Woodford Green	78
6	Shaftesbury Barnet	79
7	QPH	82
8	Ealing, Southall & Middx	84
9	Highgate	86
10	Orion	92
11	Barnet & District	93

# NORTH WEST LONDON YOUNG ATHLETES CC. LGE

## Fixture 3 Held at Trent Park, Cockfosters 23rd Nov 2019

Girls Under 11		2000 metres	
1	O.Insley	Cook	7.42
2	N. Caine	Sh B	7.48
3	J. March	Bar	7.52
4	T. Talbot	Hig	7.53
5	M. Williams	E.E.	7.57
6	I. Ions	QPH	8.01
7	E. Giblin	Sh B	8.01
8	O. Shemilt	Cook	8.03
9	E. Lindley	Hig	8.05
10	L. Sherwin	Cook	8.09
11	A. Folland	TVH	8.09
12	M. Ciuchita	Orion	8.16
13	N. Wyan	Orion	8.19
14	D. Thirakulthy	Cook	8.21
15	C. Roberts	LH	8.22
16	C. Parsons	Bar	8.23
17	H. McCarthy	Hrw	8.24
18	M. Cobbold	Hig	8.24
19	E. Baker	LH	8.28
20	I. Marsh	Hrw	8.28
21	M. Allan	ESM	8.29
22	A. Panwar	Sh B	8.31
23	L. Baki	QPH	8.41
24	G. Colley	Cook	8.41
25	L. Gundry	LH	8.43
26	S. Majed	Dac Tr	8.52
27	H. Harrison	Cook	8.53
28	D. Ackrell	Cook	8.53
29	A. Shemilt	Cook	8.53
30	E. Brown	LH	9.12
31	H. Denning	T Pk	9.12
32	E. Lowe	Hig	9.13
33	B. Van Thal	T Pk	9.24
34	M. Westgate	LH	9.38
35	X. Greenfields	TVH	9.45
36	E. Carsberg	Cook	10.05
37	M. Brown	Hrw	10.11
38	H. Baki	QPH	10.23
39	M. Walker	T Pk	10.38
40	M. Lane	ESM	11.11
41	J. Roberts	Cook	11.12
42	A. Chance	Loughton	11.33
43	K. Amoils	T Pk	12.04
44	S. Liborg	E.E	12.27
45	B. Isted	Cook	13.13



### **Girls U/11 NWL Teams only**

1	Cookham A	31
2	Highgate	59
3	Shaftesbury Barnet	72
4	London Heathside	81
5	Cookham B	100
6	Barnet & District	103
7	QPH	106
8	Harrow	111
9	TVH	130
10	Ealing Eagles	132
11	Trent Park	137
12	Ealing, Southall & Middx	142
13	Dacorum & Tring	153

### **Girls Under 11 Teams All teams included**

1	Cookham A	33
2	Highgate Hrs	63
3	Shaftesbury Barnet	77
4	London Heathside	89
5	Cookham 'B'	108
6	Barnet & District	111
7	QPH	113
8	Orion	117
9	Harrow	120
10	TVH	138
11	Ealing Eagles	141
12	Trent Park	146
13	Ealing Southall, Middx	153
14	Dacorum & Tring	164
15	Loughton	180

**Girls Under 13****3000 metres**

1	A. Svihalkova	TVH	11.22
2	H. Munday	LH	11.47
3	M. Rosen	LH	11.53
4	A. Levy	TVH	12.06
5	J. Heller	Cook	12.11
6	S. Bishop	TVH	12.11
7	A. Insley	Cook	12.17
8	B. Evans	Dac	12.18
9	A. Saha	Cook	12.27
10	D. Gallagher	Orion	12.29
11	K. Saunders	Hrw	12.31
12	A. Kelly	TVH	12.36
13	N. Matthews	Cook	12.38
14	G. Johnson	Hig	12.39
15	E. Bartlett	Cook	12.42
16	M. Walsh	Dac Tr	12.47
17	F. Omar Abdi	Hig	12.47
18	N. Bateson	Dac Tr	12.48
19	E. Head	Dac Tr	12.51
20	L. Raghavan	TVH	12.51
21	P. Goss	Dac Tr	13.02
22	N. Bennett	E.E	13.05
23	O. Carter	Cook	13.11
24	H. Fitzgerald	Cook	13.15
25	K. Adams	Hig	13.19
26	L. Hake	Hig	13.22
27	A. Tloutt	Orion	13.26
28	R. Dreisin	Bar	13.33
29	L. Schauer	Hig	13.37
30	E. Axtell	Hrw	13.41
31	A. Odeogberin	LH	13.43
32	L. Judd Hawks	LH	13.43
33	N. Lind	QPH	14.07
34	L. Knapman	Loughton	14.14
35	L. Palmer	Loughton	14.16
36	E. McCafferty	Bar	14.31
37	E. Walsh	Dac	14.43
38	K. Bellas	Orion	14.47
39	A. Van Der Graaf	ESM	15.31
40	I. Dussailant Di Cesare	ESM	15.35
41	G. Miller	Cook	15.37
42	O. Massey	T Pk	15.45
43	C. Minel	E.E	15.55
44	A. Davison	ESM	16.05
45	E. Humphrey	Bar	16.26
46	S. Lawrence	LH	16.27
47	F. Allan	ESM	16.31
48	H. Proudmore	ESM	16.36

49	J. Wilson	LH	16.51
50	F. Flint	Bar	17.14
51	R. Whyte	T Pk	17.48
52	R. Nagouda	Cook	17.55
53	E. Seymour	Loughton	17.58

#### **Girls under 13 NWL League Teams only**

1	TVH	22
2	Cookham A	33
3	Dacorum & Tring	58
4	London Heathside	64
5	Highgate	78
6	Cookham B	95
7	Harrow	132
8	Barnet & Dist	143
9	Ealing, Sthl. Middx	150
10	Ealing Eagles	153
11	QPH	172
12	Trent Park	177

#### **Girls Under 13 Teams All competing teams**

1	TVH	23
2	Cookham A	34
3	Dacorum & Tring	61
4	London Heathside	68
5	Highgate	82
6	Cookham B	103
7	Orion	129
8	Harrow	149
9	Barnet & District	159
10	Ealing, Southall & Middx	170
11	Ealing Eagles	173
12	Loughton	176
13	QPH	195
14	Trent Park RC	201

**Girls Under 15      4000 metres**

1	S. Whitlum	Dac Tr	16.03
2	C. Terry	Cook	16.21
3	J. Ridley	Cook	16.25
4	G. Finney	Bar	16.31
5	R. Keohane	T Pk	16.33
6	L. Russell	Hig	16.41
7	N. Keohane	T Pk	16.51
8	O. Edwards	Dac Tr	16.58
9	I. Frost	Dac Tr	17.09
10	C. Edge	TVH	17.15
11	L. Folland	TVH	17.27
12	K. Mitchell	Dac Tr	17.28
13	Z. Gordon	TVH	17.29
14	E. Cresswell	Dac Tr	17.32
15	V. Garcia	Orion	17.34
16	A. Pritchard	LH	17.36
17	L. Ergun	Hig	17.38
18	S. Foot	Orion	17.42
19	L. Collis	Dac Tr	17.51
20	S. Meuller	TVH	17.56
21	M. Hampton Phillips	LH	18.07
22	S. Brancato	Cook	18.23
23	S. Ergun	Hig	18.27
24	H. Kunjasic	Hrw	18.43
25	G. Kennedy	Hig	18.46
26	N. Nicholas	T Pk	18.53
27	S. Forde	Hrw	18.53
28	D. Baker	Orion	19.02
29	L. Dafter	TVH	19.13
30	B. Kunjasic	Hrw	19.27
31	C. Harris	Bar	19.31
32	B. Moody	Dac Tr	19.34
33	E. Lord	Bar	19.51
34	J. Summers	T Pk	19.52
35	A. Driscoll-Edwards	T Pk	20.06
36	A. Dussillant Di Cesare	ESM	20.19
37	P. Allwright	T. Pk	20.26
38	F. Humphrey	Bar	20.38
39	F. Weston	LH	20.42
40	K. Driscoll	Hig	20.46
41	S. Ouzhene	ESM	20.53
42	A. Bodell (Guest)	Maidenhead	21.14
43	E. Dagger	T Pk	21.23

### **Under 15 Girls NWL Lge Teams only**

1	Dacorum & Tring	30
2	TVH	52
3	Cookham	65
4	Highgate	66
5	Trent Park	67
6	Barnet & Distriuct	97
7	London Heathside	110
8	Harrow	114
9	Ealing, Southall & Middx	151

### **Under 15 Girls all competing teams**

1	Dacorum & Tring	30
2	TVH	54
3	Highgate	71
4	Cookham	71
5	Trent Park	72
6	Orion	105
7	Barnet & District	106
8	London Heathside	120
9	Harrow	125
10	Ealing, Southall & Mdx	165
11	Maidenhead	174

**Under 17 Women****5000 metres**

1	M. Blake	LH	20.35
2	M. Duer	TVH	22.16
3	A, Cassidy	Dac Tr	23.13
4	M. Manttan	LH	23.52
5	O. Colegrave	TVH	24.37
6	G. Hucknall	Dac Tr	24.55
7	A. Charalambous	Sh B	25.27
8	E. Smith	Orion	27.34
9	I. Emery	Orion	30.22
10	G. Ferrari-Callaghan	T Pk	30.45
11	E. Humphrey	Bar	33.29

**Under 17 Women NWL Lge Teams only**

1	London Heathside	25
2	TVH	27
3	Dacorum & Tring	29
4	Shaftesbury Barnet	37
5	Trent Park	38
6	Barnet & District	39

**U/17 Women All competing Teams**

1	London Heathside	29
2	TVH	31
3	Dacorum & Tring	33
4	Orion	41
5	Shaftesbury Barnet	43
6	Trent Park	46
7	Barnet & District	47