

NORTH WEST LONDON YOUNG ATHLETES CC. LGE

**Fixture 4 Held at Hampstead Heath Extension,
Saturday 4th February 2023**

Boys Under 11 1700 metres

1	D. Pascal	Sh	6.07
2	L. Da Silva	TVH	6.12
3	J. Aldham	Sh	6.14
4	R. Parkes	Sh	6.18
5	J. Phillips	ESM	6.21
6	E. Hinds	Hrw	6.21
7	J. Cobbold	Hig	6.23
8	J. Moudhart	Sh	6.26
9	L. Munnham	QPH	6.35
10	P. Moses John	Sh	6.38
11	O. Stubbins	ESM	6.39
12	A. Rankin	LH	6.39
13	J. Eder	Sh	6.43
14	S. McNeely	LH	6.44
15	J. Purcell	LH	6.51
16	O. Reid	QPH	7.02
17	M. Char	Hig	7.03
18	A. Robertson	Hig	7.07
19	T. Sinclair	Hrw	7.09
20	F. Koonoupas Prastlo	Hig	7.11
21	Z. Quaye Murray	QPH	7.12
22	Z. Wahid	LH	7.17
23	N. Pearce	Sh	7.24
24	D. Shah	Bar	7.31
22	Z. Wahid	LH	7.17
23	N. Pearce	Sh	7.24
24	W. Edwards	LH	7.32
25	W. Edwards	LH	7.32
26	B. Frearson	Hrw	7.37
27	S. Hansen	Hrw	7.37
28	A. O'Shea	QPH	7.45
29	A. March	Bar	7.51
30	K. Tsui	Bar	7.59
31	E. Torres	LH	7.59
32	L. Butler	Hrw	8.06
33	L. Wooton	LH	8.06

Boys Under 11 Teams

1	Shaftesbury Barnet	16
2	Highgate	62
3	London Heathside	63
4	QPH	74
5	Harrow	78
6	Ealing, Southall & Mdx	84
7	TVH	104
8	Barnet & District	117

Boys Under 13

3000 metres

1	C. Hilton	Sh	11.31
2	J. Hayward	ESM	11.46
3	R. Greenwood	TPk	11.52
4	A. Abrahams	Sh	11.57
5	E. Pascal	Sh	12.01
6	M. Muers	ESM	12.11
7	B. Griffiths	TVH	12.12
8	R. Willis	LH	12.17
9	L. Boulting	ESM	12.18
10	A. Falkowska	T Pk	12.18
11	Z. Moore	TVH	12.19
12	L. Tomlinson	Hig	12.19
13	L. Shaw	Sh	12.23
14	A. Strinic	Hill	12.24
15	E. Kaloukian	LH	12.27
16	D. Frearson	Hrw	12.29
17	Z. Josephs	Sh	12.31
18	A. Viney	Hrw	12.32
19	L. Wake	Hill	12.41
20	C. Robert	Hrw	12.48
21	N. Kotwica	T Pk	12.54
22	S. Darcy	Sh	13.21
23	M. Wahid	LH	13.32
24	E. Sly	Hrw	13.36
25	L. Harrison	LH	14.11
26	P. Young	LH	14.14
27	O. Scheck	LH	14.14
28	N. Anderson	QPH	14.39
29	L. Liyanage	ESM	15.51

	Under 13 Boys	Teams
1	Shaftesbury Barnet	23
2	Ealing, Southall & Mdx	46
3	Trent Park	64
4	London Heathside	71
5	Harrow	78
6	TVH	78
7	Hillingdon	78
8	Highgate	102
9	QPH	118

Boys Under 15

3800 metres

1	L. Moore	TVH	14.33
2	R. Rock	TVH	14.56
3	J. Pinkell	Hig	15.22
4	A. Macavoy	Sh	15.27
5	J. Lee	ESM	15.33
6	M. Omell	Bar	15.41
7	M. Stripp	ESM	15.49
8	A. Hobbs	Hrw	15.59
9	G. Robertson	Hig	16.01
10	B. Cook	Hig	16.11
11	D. Walker	TVH	16.12
12	O. Flemming	Bar	16.38
13	H. Bake	ESM	16.41
14	H. Junes	ESM	16.43
15	A. Salkeld	QPH	16.47
16	D. Khuruna	ESM	16.58
17	G. Carpentier	ESM	17.03
18	T. Price	ESM	17.41
19	R. Gaskill	QPH	17.58

Boys U/15 Teams

1	TVH	34
2	Ealing, Southall & Mdx	39
3	Highgate Hrs	42
4	Barnet & Dist	58
5	Shaftesbury Barnet	64
6	Harrow	68
7	QPH	74

Men Under 17**4800 metres**

1	M. Cattini	Hrw	15.02
2	F. Cha Kent	Hig	16.02
3	G. Saint	LH	16.03
4	J. Tarling	Hrw	16.09
5	A. Mulvhill	Hig	16.16
6	C. Sydenham	Bar	16.21
7	E. Jackson	T Pk	16.39
8	W. Nichol	Hig	16.44
9	M. Rock	TVH	16.47
10	N. Clarke	Bar	16.57
11	B. Halstead	T Pk	17.07
12	H. Lee	Bar	17.39
13	L. Samuels	Bar	18.11
14	A. Feeny Willings	LH	18.56
15	A. Evans	LH	18.57

Men Under 17 Teams

1	Highgate	37
2	Barnet & District	41
3	Harrow	37
4	London Heathside	48

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Girls Under 11

1700 metres

1	M. Keam George	TVH	6.22
2	C. Coope	Bar	6.32
3	G. McGriskin	QPH	6.33
4	L. Casalenvovo	Sh	6.38
5	G. Rooney	Sh	6.41
6	S. Atek	Hrw	6.49
7	E. Deakin	LH	6.52
8	A. Wallace-Shafie	TVH	7.06
9	A. Rogers	T Pk	7.09
10	M. Price	ESM	7.13
11	V. Olas	Hrw	7.15
12	O. Sly	Hrw	7.18
13	M. Hayward	ESM	7.21
14	C. Tomlinson	Hig	7.24
15	I. Wraight	LH	7.25
16	T. Roberts	LH	7.25
17	S. Brechner	Bar	7.29
18	M. March	Bar	7.31
19	E. Shaw	Sh	7.38
20	M.McCarron	QPH	7.39
21	M. Cole	LH	7.41
22	S. Brick	QPH	7.43
23	S. Borger-Koomen	QPH	7.49
24	J. Malek	Bar	7.52
25	L. Crichton	ESM	7.57
26	V. Mitchell	LH	7.59
27	P. Flemming	Bar	8.03
28	K. Adelise	Sh	8.09
29	I. Steer	QPH	8.11
30	M. Garav Richardson	Eal E	8.13
31	J. Andre	LH	8.13
32	J. Mailer	QPH	8.36
33	E. Braine	QPH	9.51

Girls Under 11 Teams

1	Shaftesbury Barnet	56
2	London Heathside	59
3	Barnet & District	61
4	Harrow	63
5	QPH	68
6	TVH	77
7	Ealing, Southall & Mdx.	82
8	Trent Park	111
9	Highgate	116
10	Ealing Eagles	132

Girls Under 13 3000 metres

1	J. March	Bar	11.52
2	R. Cormacain	LH	12.09
3	J. Falkowska	T Pk	12.22
4	A. Johnson	ESM	12.23
5	M. Hayakawa	Sh	11.45
6	B. Dalton	Hrw	11.53
7	K. Dalton	Hrw	11.55
8	L. Blustin	LH	13.11
9	Z. Crichton	ESM	13.33
10	C. Trunkfield	Hig	13.34
11	M. Sanders	Hrw	13.36
12	S. Sargeant	ESM	13.43
13	E. Smith	ESM	13.49
14	A. Mankodi	Hig	13.52
15	I. Kane	Bar	13.34
16	W. Westgate	LH	14.03
17	C. Pegoroa	LH	14.21
18	J. Roberts	LH	14.48
19	H. Clarke	Sh	15.02
20	L. Negatu	LH	15.35
21	A. Henderson	LH	15.42
22	T. Pushpanathan	LH	16.01
23	E. Scala	Hig	16.04
24	E. Roe	Bar	16.14

Girls Under 13 Teams

1	Ealing, Sthl. Mdx	38
2	London Heathside	43
3	Harrow	49
4	Barnet & District	65
5	Highgate	72
6	Shaftesbury Barnet	74
7	Trent Park	78
8	London Heathside 'B'	81

Girls Under 15 3800 metres

1	P. Shaw	Sh	16.24
2	L. Devandri	Hig	16.26
3	M. Rosen	Bar	16.41
4	L. Wortsman	Hig	16.49
5	S. Bishop	TVH	16.59
6	L. Gundry	LH	17.15
7	E. Lindley	Hig	17.31
8	M. Cobbold	Hig	17.36
9	F. Omar	Hig	17.42
10	S. Wright	Har	18.31
11	T. Felix	Hig	18.52
12	E. Giblin	Sh	19.01
13	J. Lappin	LH	20.22
14	N. Forrester	LH	20.26
15	C/ Vivarelli	TVH	22.11
16	C. Wigglesworth	LH	23.23
17	E. Morton Spencer	LH	23.44
18	F. Moore	LH	24.06
19	D. Siyani	ESM	24.41
20	P. Shaw	Sh	24.09
21	L. Devandri	Hig	24.579
22	M. Rosen	Bar	25.068
23	L. Wortsman	Hig	25.557
24	S. Bishop	TVH	26.046
25	L. Gundry	LH	26.536
26	E. Lindley	Hig	27.025
27	M. Cobbold	Hig	27.514
28	F. Omar	Hig	28.003
29	S. Wright	Har	28.492
30	T. Felix	Hig	28.981
31	E. Giblin	Sh	29.47
32	J. Lappin	LH	29.959

Under 17 Women 4800 Metres

1	A. Svihalkova	TVH	17.05
2	H. Munday	LH	17.37
3	C. Harris	Bar	18.01
4	N. Hewitt	ESM	18.09
5	E. McCluskey	Bar	18.31
6	C. Edge	TVH	18.56
7	R. Hewitt	ESM	19.05
8	F. Humphrey	Bar	23.23

U17W Teams

1	Barnet & District	25
2	TVH	25
3	Ealing, Southall & Mdx	29
4	London Heathside	29