

NORTH WEST LONDON YOUNG ATHLETES CC. LGE
Season 2023-24

Fixture 1 held at Berkeley Fields Greenford
Saturday September 30th 2023

Girls Under 11

2000 metres

1	S. Davies	TVH	8.24
2	G. Rooney	Sh B	8.29
3	S. Darcy	Sh B	8.41
4	S. Clooney	Sh B	8.43
5	F. Hall	WSE	8.45
6	M. Hayward	ESM	8.47
7	L. Wilson	TVH	8.51
8	E. Deakin	LH	8.58
9	I. Wraight	LH	9.02
10	I. Davies	TVH	9.06
11	M. Richardson	ESM	9.09
12	V. Olas	Hrw	9.15
13	F. Graeme	TPk	9.35
14	A. Kroll	TVH	9.43
15	K. Adelise	Sh B	9.44
16	M. March	Bar	9.46
17	K. Spillane	Hig	10.01
18	K. Hannah Wolf	Hig	10.07
19	S. Shaw	Sh B	10.11
20	D. Sydenham Williams	Bar	10.27
21	A. Bronfentrinker	QPH	10.45
22	H. Connolly	TPk	11.52

Girls Under 11 Teams

1	Shaftesbury Barnet	24
2	TVH	32
3	London Heathside	63
4	Ealing, Southall, Mdx	63
5	Windsor, Slough & Eton	74
6	Highgate	81
7	Trent Park	81
8	Harrow	81
9	Barnet & Dist	82
10	QPH	j90

Girls Under 13 3000 Metres

1	B. Dalton	Har	12.52
2	K. Dalton	Har	13.07
3	V. Muralidhar	ESM	13.11
4	C. Cooper	Bar	13.29
5	S. Bennett	TVH	13.39
6	M. Keam George	TVH	13.52
7	L. Casalenovo	ShB	14.06
8	E. Johnson	ESM	14.22
9	D. Abbot	ShB	14.23
10	S. Sargeant	ESM	14.29
11	I. Kane	Bar	14.31
12	M. Szyszko Walls	ESM	14.33
13	S. Atek	Hrw	14.57
14	A. Wilson Brown	ESM	15.08
15	M. Sanders	Hrw	15.11
16	L. Richardson	ESM	15.11
17	C. Tomlinson	Hig	15.16
18	M. Price	ESM	15.32
19	C. Pegaro	LH	15.49
20	G. Juttla	Hil	15.51
21	M. Sterritt	ESM	15.54
22	L. Westcar	Hrw	15.56
23	E. Shaw	ShB	15.58
24	I. Agrawal	Hig	15.58
25	C. Booth	Hil	16.11
26	M. McCarron	QPH	16.23
27	H. Querfurth-Waterman	Hig	16.25
28	M. Beeby	LH	16.32
29	J. Malek	Bar	16.45
30	E. Ogeia Lewis	Hig	16.47
31	L. Crisp	Hrw	17.43
32	P. Flemming	Bar	18.29
33	I. Steer	QPH	20.11

Girls Under 13 Teams

1	Harrow	31
2	Ealing, Southall & Mdx	33
3	Ealing, Sthl. Mx 'B'	69
4	Shaftesbury Bar	73
5	Barnet & District	76
6	TVH	79
7	Highgate Hrs	98
8	Hillingdon	113
9	London Heathside	115
10	QPH	127

Girls Under 15 4000 Metres

1	J. March	Bar	15.03
2	S. Allen	Hig	15.37
3	P. Shaw	Sh B	15.37
4	A. Van Zyl	Hil	15.45
5	A. Johnson	ESM	16.12
6	R. Cormacain	LH	16.28
7	J. Falkowska	TPk	16.31
8	M. Hunt	LH	16.36
9	Z. Crichton	ESM	17.51
10	E. Hutolu	Sh B	18.14
11	C. Roberts	LH	18.16
12	L. Blustin	LH	18.18
13	M. Hayakawa	Sh B	18.27
14	E. Smith	ESM	18.39
15	E. Giblin	Sh B	18.57
16	M. Kelly	Hil	19.03
17	M. Denley Patel	Hil	19.15
18	J. Roberts	LH	19.24
19	G. Crisp	Hrw	19.56
20	L. Terzopoulos	TPk	23.41
21	G. Lewis	Hrw	25.11

Under 15 Girls Teams

1	London Heathside	37
2	Shaftesbury Barnet	41
3	Ealing, Southall, Middx	50
4	Hillingdon	59
5	Barnet & District	67
6	Highgate	68
7	Trent Park	71
8	Harrow	84

Under 17 Women**5000 Metres**

1	M. Rosen	Bar	19.43
2	I. Cannell	LH	20.21
3	N. Hewitt	ESM	20.31
4	E.McCluskey (Gst U/20)	Bar	20.56
5	L. Devendahl	Hig	21.16
6	L. Wortsman	Hig	21.23
7	K. Gulamhuseinwala	TVH	21.45
8	E. Sennis	ESM	21.58
9	N. Bennett	TVH	22.09
10	A. Stapleton Dhillon	ShB	22.57
11	J. Luis	Hig	24.07

Under 17 Women Teams

1	Highgate	30
2	Ealing, Southall & Mdx	32
3	Barnet & District	34
4	London Heathside	35
5	TVH	36
6	Shaftesbury Barnet	42

NORTH WEST LONDON YOUNG ATHLETES CC. LEAGUE

Fixture held at Berkeley Fields, Greenford, 30th September 2023

Boys Under 11	2000 METRES		
1	D. Pascal	Sh B	7.39
2	L. Da Silva	TVH	7.47
3	J. Jones	ESM	7.48
4	D. Jones	ESM	7.49
5	A. Rubenstein	Sh B	7.53
6	G. George	Sh B	7.55
7	M. Sery	Hil	8.05
8	L. Spencer	WSE	8.07
9	Prince Moses John	Sh B	8.19
10	E. Mortimer	ESM	8.21
11	L. Hill	TPk	8.22
12	R. Mainwood	Hig	8.23
13	J. Cobbold	Hig	8.26
14	L. Xie	Sh B	8.31
15	N. Wiborg	EE	8.31
16	L. Greenwood	TPk	8.37
17	K. Young	LH	8.41
18	K. Simmons	Bar	8.42
19	F. Annetts	WSE	8.46
20	Z. Quaye Morray	QPH	8.46
21	A. Baird	QPH	8.48
22	S. Rochester	EE	8.51
23	H. Bruzon	EE	8.51
24	B. Frearson	Hrw	8.55
25	D. Lewis	LH	9.13
26	O. Poole	EE	9.18
27	L. Lazic	EE	9.24
28	S. Hansen	Hrw	9.25
29	L. Gandemer	TVH	9.27
30	J. Nowaczek	TVH	9.33
31	D. Shah	Bar	9.35
32	A. Hannah Wolf	Hig	9.39
33	J. Quinby	Bar	9.59
34	A. March	Bar	10.01
35	D. Jeles	LH	10.03
36	T. Kane	Bar	10.04
37	M. Sassa	Hig	10.05
38	W. Edwards	LH	10.08
39	A. Carmaço Scholtz	QPH	10.12
40	E. Hubert	Hrw	10.21
41	R. Hayawaka	Sh B	10.23
42	A. Mackintosh	TPk	10.53

Boys Under 11 Teams

1	Shaftesbury Barnet	21
2	Ealing, southall & Mdx	60
3	Ealing Eagles	86
4	Highgate	94
5	TVH	104
6	Trent Park	113
7	Windsor, Slough & Eton	113
8	London Heathside	116
9	Barnet & Dist	117
10	QPH	123
11	Harrow	135
12	Hillingdon	136

Boys Under 13**3000 metres**

1	J. Hayward	ESM	11.52
2	R. Willis	LH	12.05
3	L. Boulting	ESM	12.11
4	X. Reese	Sh B	12.21
5	R. Greenwood	T Pk	12.22
6	A. Charles	WSE	12.23
7	M. Muers	ESM	12.42
8	A. Pettican	Hig	13.04
9	J. Phillips	ESM	13.06
10	B. Evans	Hrw	13.09
11	T. Cockerell	Sh B	13.21
12	K. Liyanage	ESM	13.38
13	E. Hinds	Hrw	13.41
14	D. Lomba	TVH	13.49
15	A. Kirk	LH	13.57
16	L. Rizzello	Hrw	14.11
17	A. Rankin	LH	14.14
18	A. Burton	Hil	14.24
19	E. Graeme	TPk	14.26
20	L. Ponsky	LH	14.27
21	B. Burton	Hil	14.31
22	F. Wright	Hil	14.38
23	N. Anderson	QPH	14.39
24	R. Hasnaoui	Bar	14.41
25	R. Frattry	Hig	15.12
26	T. Leppard	WSE	15.13
27	J. Hill	TPk	15.15
28	N. Grella Bekele	LH	15.19
29	R. Parry Garnaud	TPk	15.35
30	E. Hobbs	Hrw	15.41
31	P. Young	LH	15.42
32	K. Tsui	Bar	17.02
33	K. McIntosh	TPk	18.21

Under 13 Boys**Teams**

1	Ealing, Southall & Mdx	20
2	London Heathside	54
3	Harrow	69
4	Trent Park	80
5	Shaftesbury Barnet	83
6	Hillingdon	95
7	Windsor, Slough & Eton	100
8	Highgate	101
9	TVH	116
10	Barnet & Dist	124
11	QPH	125

Boys Under 15 4000 metres

1	S. Turner	LH	14.36
2	M. Stripp	ESM	15.01
3	O. Wilkinson	ESM	15.08
4	F. La Trobe Weston	TVH	15.17
5	L. Tomlinson	Hig	15.24
6	Z. Moore	TVH	15.26
7	J. McDonagh-Sanchez	Bar	15.27
8	W. Howes	WSE	15.29
9	T. Holmes	WSE	15.33
10	T. Querferth Waterman	Hig	15.41
11	P. Bonhote	LH	15.51
12	T. Mergia	LH	15.52
13	A. Strinic	Hil	15.53
14	D. Walker	TVH	16.04
15	C. Robert	Hrw	16.13
16	T. Carter	TPk	16.15
17	O. Flemming	Bar	16.17
18	L. Shaw	ShB	16.23
19	L. Wake	Hil	16.35
20	J. Testa	Hig	16.56
21	M. Gilzean	TPk	17.08
22	A. Viney	Hrw	17.08
23	L. Bestmann	LH	17.32
24	N. Kotwica	TPk	17.42
25	H. James Warrall	Hig	18.04
26	M. Kolesnikov	Hig	18.38
27	S. Darcy	ShB	18.44
28	A. Falkowska	TPk	18.54

Boys Under 15 Teams

1	London Heathside	47
2	TVH	53
3	Highgate	61
4	Ealing, Southall & Mdx	63
5	Windsor, Slough & Eton	75
6	Barnet & Dist	82
7	Trent Park	89
8	Hillingdon	90
9	Harrow	95
10	Shaftesbury Barnet	102

Men Under 17**5000 metres**

1	I. Mezey	ESM	16.05
2	L. Moore	TVH	16.31
3	A. Mulvihill	Hig	17.14
4	Z. Atek	Hrw	17.24
5	J. Tarling	Hrw	17.31
6	M.Omell	Bar	17.41
7	L. Bailey	Hig	17.46
8	E. Flewitt	ESM	18.08
9	O. Tivnann	TPk	18.14
10	J. Lee	ESM	18.15
11	A. Hobbs	Hrw	18.51
12	J. Drinkell	Hig	18.56
13	C. Sydenham (Guest U20)	Bar	19.05
14	W. Nichol	Hig	19.22
15	D. Khurana	ESM	19.28
16	H. Jones	ESM	19.33
17	A. Feeny Willings	LH	19.38
18	H. Lee	Bar	19.49
19	D. Hubert	Hrw	19.55
20	L. Samuels	Bar	20.12
21	J. Andrews	Bar	20.42
22	B. Ryan	LH	21.08

Men Under 17 Teams

1	Ealing, Southall & Middx	33
2	Highgate	35
3	Harrow	38
4	Barnet & Dist	62
5	TVH	68
6	Trent Park	75
7	London Heathside	81