

Fixture 3 Held at Trent Park, Cockfosters, Saturday 25th November 2023

Host Club Barnet & District Athletic Club.

This fixture included Chingford Cross Country League clubs

Girls Under 11**2000 metres**

1	J. Watson	WSE	7.41
2	E. Wouters	WSE	7.58
3	S. Davies	TVH	8.01
4	A. Clements	E & H	8.03
5	G. Fayinka	WG	8.04
6	G. Rooney	Sh B	8.06
7	E. Deakin	LH	8.08
8	R. Barron	WG	8.09
9	S. Darcy	Sh B	8.16
10	G. Cherry	WG	8.26
11	V. Olas	Har	8.31
12	R. Anderson	WG	8.34
13	L.Oats	WG	8.35
14	I. Davies	TVH	8.36
15	K. Lowe	WG	8.43
16	F. Graeme	TP	8.46
17	M. Richardson	ESM	8.47
18	L. Sneath	WG	8.48
19	A. Bah	LH	8.58
20	K. Adelise	Sh B	9.13
21	C. Sneath	WG	9.17
22	I. Hudson	Sh B	9.21
23	H. O'Shea	Hig	9.21
24	P. Savage	Hig	9.22
25	L. Johnston	Orion	9.25
26	K. Caverro-Taki	Sh B	9.26
27	E. Mayes	E & H	9.28
28	E. Rose Boivin	LH	9.29
29	M. March	Bar	9.35
30	H. Scott	Hig	9.46
31	E. Trew	TP	9.47
32	S. Khan	WG	9.48
33	S. Shaw	Sh B	9.51
34	E. Dyke Coomes	E & H	9.59
35	K. Woolf	Hig	10.09
36	M. Hayward	ESM	10.11
37	C. Wilbrahim	WG	10.19
38	A. Bronfent Linker	QPH	10.38

Girls Under 11 Teams**North West London Lge**

Placings readjusted for Lge from above placings

1	Shaftesbury Barnet	35
2	Windsor, Slough & Eton	53
3	London Heathside	58
4	TVH	61
5	Highgate	70
6	Trent Park	79
7	Harrow	82
8	Ealing, Sthl. Mdx	83
9	Barnet & Dist	93
10	QPH	99

Other team abbreviations

WG	Woodford Green & Essex
Orion	Orion Hrs
E H	Enfield & Haringey

Chingford League tables to be compiled by CL Sec.

Girls Under 13 3000 Metres

1	J. Falkowska	TP	11.33
2	K. Dalton	Har	11.39
3	B. Dalton	Har	11.44
4	O. Abbot	ShB	11.55
5	V. Muraliduar	ESM	12.06
6	S. Bennett	TVH	12.16
7	C. Cooper	Bar	12.31
8	S. Parker	WG	12.32
9	L. Casalaneuvo	ShB	12.34
10	I. Kane	Bar	12.39
11	T. Conway	Bar	12.41
12	M. Higgs-Smith	WG	12.56
13	S. Sargeant	ESM	12.59
14	N. Heath	Har	13.01
15	M. Bond	WSE	13.05
16	M. Szysko-Walls	ESM	13.16
17	C. Tomlinson	Hig	13.17
18	F. Fudge	E H	13.18
19	A. Dodson	WSE	13.27
20	H. Clarke	ShB	13.31
21	O. O'Shea	Hig	13.39
22	L. Westcarr	Har	13.42
23	I. Barron	WG	13.44
24	E. Kozinska	WG	13.45
25	S. Atek	Har	13.46
26	H. Cook	QPH	14.01
27	M. Sanders	Har	14.01
28	E. Weir	TP	14.04
29	F. Johnston	Orion	14.05
30	L. Richardson	ESM	14.06
31	E. Shaw	ShB	14.14
32	A. Rogers	TP	14.18
33	L. Rogers	TP	14.24
34	C./ Summers	WG	14.26
35	V. Zavadsky	Bar	14.31
36	S. Brechner	Bar	14.31
37	S. Sneath	WG	14.32
38	A. Agrawal	Hig	14.35
39	A. Wilson-Brown	ESM	14.39
40	R. Muffett	Orion	14.45
41	C. Moss	TP	15.08
42	C. Connolly	TP	15.09
43	S. Adetona	WG	15.13
44	A.Mankodi	Hig	15.31
45	E. Ogeiaf Lewis	Hig	15.36
46	E. Stockill	WG	15.42
47	P. Flemming	Bar	15.51
48	A. Pearce	WG	15.52
49	n. Savvas	Bar	15.53
50	M. Rodriguez Krali	Hig	15.58
51	P. Bell	Oion	18.53
52	A. Mackenzie	WG	19.41

Girls Under 13 Teams North West London Lge
Placings adjusted for Lge from above pacings

Under 13 Girls Teams

1	Harrow	36
2	Ealing, Sthl & Mdx	54
3	Shaftesbury Barnet	54
4	Barnet & Dist	54
5	Trent Park	77
6	Highgate Hr	97
7	Windsor, Slough & Eton	107
8	TVH	123
9	QPH	138

Other Team abbreviations

WG	Woodford Green & Essex
Orion	Orion Harriers
E & H	Enfield & Haringey

Chingford League tables
to be compiled by CL Sec.

Girls Under 15 4000 metres

1	J. March	Bar	15.11
2	P. Shaw	Sh B	15.24
3	S. Alen	Hig	15.46
4	A. Johnson	ESM	15.48
5	E. Gudgeon (Guest)	H PX	17.05
6	C. Roberts	LH	17.09
7	L. Blustin	LH	17.12
8	C. Bullock	WSE	17.16
9	E. Traynor	WG	17.27
10	A. Jackson	Sh B	17.45
11	M. Cobbold	Hig	18.01
12	E. Otholo	Sh B	18.41
13	E. Giblin	Sh B	19.16
14	A. Lupianez	TVH	19.26
15	J. Roberts	LH	19.31
16	D. Haeri	TP	19.36
17	B. Van Tahl	TP	19.43
18	S. O'Corbaidh	Orion	20.11
19	L. Davis	LH	20.33
20	D. Mackenzie	W G	21.21
21	I. Lupianez	TVH	22.28
22	K. Holland	Loug ntt	

Girls Under 15 Teams North West London Lge

Placings adjusted for Lge from above placings

Under 15 Girls Teams

1	Shaftesbury Barnet	31
2	London Heathside	40
3	Highgate	48
4	Barnet & Dist	55
5	Ealing, Sthl. & Mdx	58
6	Windsor, Slough & Eton	61
7	Trent Park	65
8	TVH	65

Other Team abbreviations

Woodford Green & Essex
Orion Harriers
Loughton
Herts Phoenix

Under 17 Women**5000 Metres**

1	A. Svihalkova	TVH	20.07
2	A. Massey	TVH	20.15
3	M. Rosen	Bar	21.02
4	A. Tratt	WG	22.44
5	A. Shankardas	LH	22.53
6	L. Wortsman	Hig	23.07
7	A. Mazinwosu	ShB	23.21
8	S. Tivnann	TP	23.39
9	J. Luis	Hig	24.07
10	C. Palmer	Lough	26.33
11	M. Frith	WG	26.52
12	K. Bellas	Orion	34.14
13	K. Kvieskaite	Lough	NTT

Under 17 Women's Teams

TVH	21
Barnet & District	30
Highgate	31
London Heathside	31
Shaftesbury Barnet	33
Trent Park	34

Other Team abbreviations

Woodford Green & Essex

Loughton

Orion

Boys Under 11 2000 METRES

1	L. Da Silva	TVH	7.14
2	H. Henderson	Sh B	7.21
3	J. Day	Sh B	7.27
4	J. Marriott	TP	7.31
5	J. Tonge	WG	7.43
6	P. Moses John	Sh B	7.44
7	L. Xie	Sh B	7.44
8	Z. Quaye Murray	QPH	7.46
9	J. Cobbold	Hig	7.51
10	R. Singarayer	Sh B	7.55
11	K. Ali	Ilf	7.57
12	K. Duberry	LH	8.01
13	J. Davies	TP	8.06
14	Q. Qureshi	WG	8.08
15	L. Greenwood	TP	8.11
16	J. Connor	WG	8.12
17	J. Geller	WG	8.14
18	R. Khamis	QPH	8.16
19	L. Vernal	Orion	8.16
20	W. Carracher	Orion	8.16
21	J. Short	Sh B	8.17
22	M. Lees	TP	8.21
23	P. Langan	WG	8.22
24	L. Hill	TP	8.25
25	E. Barry	WSE	8.27
26	S. Fayinka	WG	8.29
27	D. Shah	Bar	8.29
28	L. Gandemer	TVH	8.31
29	L. Foley	WG	8.35
30	E. Pizzi Najada	TP	8.43
31	F. Murphy	Hig	8.49
32	J. Thackeray	Orion	8.56
33	D. Jeles	LH	8.57
34	T. Knapman	Lough	9.05
35	K. Simmons	Bar	9.08
36	W. Edwards	LH	9.11
37	F. Pizzi Najada	TP	9.13
38	D. Williams	WG	9.15
39	J. Quinby	Bar	9.21
40	A. March	Bar	9.23
41	N. Phillips	WG	9.36
42	N. Parker	WG	9.43
43	E. Lee	WG	9.51
44	T. Kane	Bar	10.17
45	J. Scola	Lough	10.31
46	S. Patel	WG	11.31

N W London YA League Team scores
Positions adjusted from those above

Boys Under 11 Teams

1	Shaftesbury Barnet	16
2	Trent Park	42
3	QPH	78
4	TVH	78
5	London Heathside	85
6	Highgate	87
7	Barnet & Dist	94
8	Windsor, Slough & Eton	104

Other abbreviaions

WG	Woodford Green
Lough	Loughton
ILF	Ilford
Orion	Orion
E & H	Enfield & Haringey

Chingford League Teams to be compiled by Chingford League Sec.

Boys Under 13**3000 metres**

1	J. Summers (Guest)	H Px	10.27
2	R. Willis	LH	10.41
3	A. Charles	WSE	10.45
4	L. Boulting	ESM	10.47
5	R. Greenwood	TP	11.02
6	C. Nicolson	LH	11.11
7	A. Kirk	LH	11.15
8	B. Perkins	ILF	11.16
9	E. Olabanji	WG	11.24
10	A. Lappin	LH	11.29
11	J. Clements	Sh	11.32
12	J. Phillips	ESM	11.41
13	M. Muers	ESM	11.43
14	A. Pettican	Hig	11.51
15	L. Mullan	QPH	11.55
16	D. Parker	ESM	12.01
17	F. Kounopas Prastalo	Hig	12.04
18	K. Ali	ILF	12.05
19	T. Cockerill	Sh	12.08
20	K. Liyanage	ESM	12.11
21	D. Stubbins	ESM	12.14
22	R. Parkes	Sh	12.23
23	T. Adetona	WG	12.23
24	I. Brown	Lough	12.27
25	I. Ohandapani	ESM	12.28
26	E. Frith	WG	12.37
27	N. Anderson	QPH	12.38
28	B. Davies	TP	12.44
29	H. Samuel	Sh	13.04
30	N. Grella-Bekele	LH	13.16
31	A. Findlay	Orion	13.21
32	E. Graeme	TP	13.24
33	E. Neilson	TVH	13.26
34	J. Hill	TP	13.28
35	S. Driscoll-Edwards	TP	13.32
36	D. Curzon	Orion	13.41
37	R. Hasnaoui	Bar	13.44
38	E. Hobbs	Har	13.46
39	T. Leppard	WSE	14.02
40	A. Marengai	TP	14.12
41	D. Hayden	WG	14.13
42	B. Konn	WSE	14.15
43	R. Napenas	WG	15.12
44	S. Wassarberg	LH	15.28
45	N.Hussein	E & H	15.31
46	F. Buckley	Loug	15.46
47	A. Hurley	Loug	16.35
48	D. Christodolou	Bar	17.31

Under 13 Boys**Teams**

1	London Heathside	19
2	Ealing, Southall & Mdx	35
3	Shaftesbury	63
4	Trent Park	75
5	Highgate	95
6	Windsor, Slough & Eton	99
7	QPH	111
8	TVH	130
9	Barnet & Dist	132
10	Harrow	134

Boys Under 15 **4000 metres**

1	J. Fanta	E & H	14.08
2	T. Silvey	WSE	14.11
3	S. Turner	LH	14.21
4	E. Kaloukian	LH	14.55
5	T. Holmes	WSE	15.01
6	L. Tomlinson	Hig	15.03
7	J. McDonagh Sanchez	Bar	15.14
8	F. Bailey	LH	15.21
9	T. Carter	TPK	15.26
10	Z. Moore	TVH	15.27
11	R. Islam	ILF	15.28
12	F. La Trobe Weston	TVH	15.31
13	P. Bonhote	LH	15.34
14	L. Freedman	WG	15.35
15	O. Wilkinson	ESM	15.36
16	M. Stripp	ESM	15.42
17	O. Flemming	Bar	15.42
18	H. Baker	ESM	15.43
19	H. Keen	WSE	15.48
20	C. Robert	Har	15.49
21	N. Levy	ESM	15.51
22	S. Ng	WG	15.53
23	D. Chen	TVH	16.01
24	D. Walker	TVH	16.02
25	Y. Kumar	WG	16.09
26	O. Lindsell	E & H	16.09
27	L. Shaw	Sh	16.21
28	A. Buckley	Loug	16.31
29	A. Strinic	Hil	16.33
30	L. Bestmann	LH	16.44
31	R. Gaskill	QPH	16.45
32	T. Price	ESM	17.03
33	N. Kotwica	TP	17.04
34	H. Brown	Loug	17.05
35	E. Efstahiou	TP	17.23
36	C. Clydesdale	WG	17.36
37	A. Falkowska	TP	17.41
38	C. Chung	ESM	17.48
39	K. Williamson	Orion	17.49
40	C. Howes	WG	18.01
41	S. Darcy	Sh	18.05
42	D. O'Shea	Hig	19.08
43	L. Stokes	Loug	19.21
44	H. Gillman	Orion	19.29
45	H. Hurley	Loug	19.49

Boys Under 15 Teams **NWL Lge**

Placings adjusted for team scores

1	London Heathside	28
2	Windsor, Slough & Eton	53
3	Ealing, Southall, Mdx	58
4	TVH	58
5	Barnet & Dist	84
6	Trent Park	89
7	Highgate	100
8	Harrow	113
9	Shaftesbury	115
10	Hillingdon	118
11	QPH	120

Men Under 17**5000 metres**

1	I. Mezey	ESM	18.05
2	J. Hayes	Hig	18.09
3	G. Saint	LH	18.09
4	B. Fudge	E & H	18.36
5	T. Narvaez White	Sh B	18.57
6	J. Tarling	Har	19.06
7	W. Muffett	WG	19.12
8	R. Rock	TVH	19.37
9	D. Baah-Okyere	LH	19.41
10	D. Tivnann	TP	19.45
11	A. Hobbs	Har	19.51
12	M. Omell	Bar	19.52
13	J. Drinkell	Hig	19.55
14	R. O'Corbaidh	Orion	19.58
15	L. Bass	TP	20.14
16	A. McAvoy	Sh B	20.14
17	A. O'Driscoll	WG	20.28
18	K. Kamargo Scholtz	TVH	20.45
19	L. Samuels	Bar	20.48
20	G. Buckley	Loug	21.08
21	H. Lee	Bar	21.27
22	A. Feeny-Willings	LH	21.39
23	M. Bell	Orion	21.45
24	J. Andrews	Bar	22.13
25	J. Sutcliffe	TP	22.19
26	T. Braiman	Hig	22.41
27	A. Cooke	TP	23.19
28	B. Ryan	LH	23.19
29	B. Stubbs	Loug	25.49

Men Under 17 Teams

1	London Heathside	49
2	Highgate	56
3	Barnet & Dist	59
4	Trent Park	60
5	Harrow	60
6	Shaftesbury Barnet	63
7	TVH	66
8	Ealing, Southall & Middx	70

Other Club abbreviations

E & H	Enfield & Haringet
Loug	Loughton
WG	Woodford Green & Essex
Orion	Orion
ILF	Ilford