

NORTH WEST LONDON YOUNG ATHLETES CC. LGE

**Fixture 4 Held at Hampstead Heath Extension
16th February 2019 Hosted by London Heathside**

Boys Under 11

2000 metres

1	R. Rock	TVH	7.33
2	B. Bediako	LH	7.38
3	L. Baughan-Withington	Bar	7.45
4	A. Phillips	Sh	7.46
5	S. Smith	Cook	7.52
6	B. Redland	LH	7.54
7	K. Jordan	ESM	7.58
8	J. Lovell	Sh	8.05
9	K. Prempeh	ESM	8.06
10	J.Luiz	Hrw	8.11
11	O. Flemming	Bar	8.12
12	B. Cook	Hig	8.13
13	T. Hayes	Hig	8.14
14	G. Heleno	ESM	8.17
15	Z. Evans	Hrw	8.21
16	E. Beale	LH	8.26
17	P. Ceccoli	Hig	8.28
18	J. Drinkell	Hig	8.28
19	A. Shaw	Hig	8.32
20	K. Bakhshi	LH	8.35
21	J. Jackson	TPk	8.41
22	R. Willis	LH	8.48
23	B. Desour	Hrw	9.02
24	T. Holmes	Cook	9.06
25	T. Cogan	TVH	9.11
26	L. Kercher	TPk	9.13
27	J. McDonough Sanchez	Bar	9.24
28	A. Driscoll	Hig	9.31
29	J. Wilkinson	Cook	10.05

Boys Under 11 Teams

1	London Heathside	45
2	Highgate	60
3	Ealing, Southall & Mdx	61
4	Barnet & Dist	71
5	Shaftesbury Barnet	72
6	Harrow	79
7	TVH	86
8	Cookham .	88
9	Trent Park	107

Boys Under 13**2400 metres**

1	P.Opie	Hig	11.11
2	P. Bayvel-Zayats	Bar	11.23
3	C. Sydenham	Bar	11.24
4	T.Lebau	Cook	11.29
5	D. Paine	TPk	11.33
6	Z. Jones	Sh	11.39
7	R. Freeman	Hrw	11.51
8	T. Parker	LH	11.52
9	T. Chadwick	LH	11.53
10	J. Luiz	Hrw	12.01
11	M. Rock	TVH	12.28
12	C. Shervell	Cook	12.29
13	S. Calliman	Hig	12.53
14	E. Jackson	TPk	12.56
15	J. Cameron	Hig	12.56
16	J. Hayes	Hig	12.59
17	G. Fawcett	Bar	13.07
18	H. Swanton	TPk	13.23
19	O. Tovnnann	TPk	13.38
20	E. Powell	Bar	13.41
21	R. Watson	Hig	13.44
22	T. Edwards	Sh	13.51
23	J. Andrews	Bar	14.01
24	T. Matthew	LH	14.02
25	A. Harwood	LH	14.02
26	S. Colley	Cook	14.12
27	W. Grimsdell	TPk	15.09
28	T. McCarthy	Hrw	15.14
29	T. Lumingan	Hig	15.23

Under 13 Boys**Teams**

1 Highgate	38
2 Barnet & Dist	43
3 Trent Park	58
4 Harrow	64
5 Cookham	74
6 London Heathside	90
7 Shaftesbury Barnet	91
8 TVH	101

Boys Under 15 3600 metres

1	J. Chamberlain	Dac Tr	13.26
2	T. O'Reilly	Dac Tr	13.38
3	C. Hudson	Hrw	13.46
4	J. Bailey	Dac Tr	13.54
5	J. Raine	Dac Tr	14.06
6	A. Ferrari	TPk	14.19
7	B. Rock	TVH	14.21
8	F. McGrath	Cook	14.25
9	J. Davis-Black	LH	14.37
10	J. Alden	Bar	14.38
11	T. Durrant	Dac Tr	14.45
12	N. Douglas	TPk	14.49
13	E. Isted	Cook	15.03
14	M. Watson	Hig	15.13
15	L. Maher	LH	15.16
16	C. Rollo	TVH	15.25
17	E. Rigarlsford	Dac Tr	15.31
18	N. Holdsworth	Cook	16.03
19	L. Finnegan	TPk	16.06
20	E. Banks	Hig	16.29
21	J. Groves	Hig	16.32
22	J. Calliss	Cook	16.58
23	H. Zaaiteer	ESM	17.21
24	R. Sherif	TVH	17.31
25	J. Carey	LH	17.58

Boys U/15 Teams

Dacorum & Tring	12
Cookham	61
Trent Park	63
TVH	73
London Heathside	75
Highgate Hrs	81
Harrow	81
Barnet & Dist	88
Ealing, Southall & Mdx	101

Men Under 17**4200 metres**

1	L. Mideska	LH	15.45
2	S. March	Cook	16.01
3	A. Saunders	Dac Tr	16.12
4	E. McArdle	Tr Pk	16.24
5	A. Gambrill	Cook	16.38
6	R. Reynolds	Cook	16.41
7	W. Douglas	Tr Pk	16.53
8	E. Lowe	Cook	17.45
9	E. Fairhurst	Hig	17.51
10	C. Ball	Tr Pk	18.28
11	P. Scahill	Dac Tr	19.44
12	J. Street	Tr Pk	20.12
13	A. Burns	Hig	20.15

Men Under 17 Teams

1	Cookham	21
2	Trent Park	33
3	Dacorum & Tring	42
4	London Heathside	43
5	Highgate	50

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Girls Under 11

1500 metres

1	P. Shaw	Sh	6.25
2	J. March	Bar	6.31
3	T. Talbot	Hig	6.35
4	M. McCormack	TVH	6.35
5	N. Bennett	Eal E	6.45
6	I. Ions	QPH	6.54
7	A. Bede	Dac Tr	6.55
8	H. Fitzgerald	Cook	6.56
9	C. Parsons	Bar	6.57
10	F. Ceric	TVH	7.05
11	F. Omar Abdi	Hig	7.09
12	E. Lindley	Hig	7.11
13	S. Tivnann	Tr Pk	7.22
14	A. Osman	Hig	7.26
15	E. Axtell	Hrw	7.28
16	H. McAlpine	Cook	7.31
17	H. McCarthy	Hrw	7.32
18	S. Lawrence	LH	7.35
19	C. Cutler	Hig	7.42
20	E. Calliss	Cook	7.47
21	G. Colley	Cook	7.49
22	E. Lowe	Hig	7.52
23	H. Harrison	Cook	7.56
24	E. Dilley	Cook	7.56
25	G. Miller	Cook	8.02
26	M. Westgate	LH	8.07
27	A. Sammes	Cook	8.07
28	M. Brechner	Hig	8.09
29	R. Kunjasic	Hrw	8.19
30	K. Gill	Hrw	8.35
31	J. Roberts	Cook	9.05
32	C. Hanrahan	Bar	9.24
33	B. Isted	Cook	9.46

Girls Under 11 Teams

1	Highgate	26
2	Barnet & Dist	43
3	Cookham	44
4	TVH	48
5	Highgate 'B'	55
6	Harrow	61
7	Cookham 'B'	68
8	Shaftesbury Barnet	69
9	Ealing Eagles	73
10	QPH	74
11	Dacorum & Tring	75
12	London Heathside	78
13	Trent Park	81
14	Cookham 'C'	83

Girls Under 13 2000 metres

1	J. Heller	Cook	7.51
2	I. Jelfs	Dac Tr	7.52
3	L. Russell	Hig	7.55
4	A. Kelly	TVH	7.58
5	N. Keohane	TPk	8.07
6	I. Frost	Dac Tr	8.09
7	M. Sutaria	TVH	8.09
8	T. Almqvist-Dutton	TVH	8.09
9	E. McCluskey	Bar	8.11
10	L. Ergun	Hig	8.11
11	H. Munday	LH	8.15
12	J. Parry	Hig	8.16
13	A. Saha	Cook	8.19
14	A. Taylor	Cook	8.21
15	S. Ergun	Hig	8.21
16	G. Johnson	Hig	8.22
17	A. Lane	Dac Tr	8.23
18	A. Jeffrey	Sh	8.24
19	R. Ansari	Hrw	8.25
20	C. Allen	Cook	8.27
21	G. Allen	Cook	8.28
22	K. Saunders	Hrw	8.31
23	S. Brancato	Cook	8.33
24	C. Reeve	Hig	8.37
25	K. Adams	Hrw	8.39
26	C. Wilkinson	Cook	8.42
27	B. Kunjasic	Hrw	8.43
28	E. Lord	Bar	8.45
29	A. Odeogberin	LH	8.51
30	A. Chapman	Hig	8.56
31	T. Sonmez	Bar	8.58
32	H. Saliagan	Hig	9.11
33	C. Gallagher	ESM	9.12
34	J. Summers	TPk	9.16
35	R. Dreisin	Bar	9.19
36	G. Hanrahan	Bar	9.42
37	M. De Vivenot	ESM	9.58

Girls Under 13 Teams

1	TVH	19
2	Highgate 'A'	25
3	Dacorum & Tring	25
4	Cookham	28
5	Highgate 'B'	55
6	Cookham 'B'	64
7	Harrow	66
8	Barnet & District	68
9	Trent Park	77
10	London Heathside	78
11	Shaftesbury Bar	94
12	Ealing, Southall & Mdx	108

Girls Under 15 2400 metres

1	R. Keohane	TPk	11.46
2	J. Ridley	Cook	11.57
3	S. Whitlum	Dac Tr	12.01
4	L. Henson	ESM	12.11
5	G. Hucknall	Dac Tr	12.25
6	M. Parry	Hig	12.36
7	E. Roncarati	Sh B	12.43
8	K. Driscoll	Hig	12.49
9	J. Hill	Dac Tr	12.51
10	L. Dafter	TVH	12.53
11	L. Collis	Dac Tr	12.58
12	E. Cresswell	Dac Tr	13.02
13	H. Grimes	Hrw	13.05
14	Z. Gordon	TVH	13.09
15	H. Kunjasic	Hrw	13.24
16	G. McKenzie	Hig	13.31
17	A. Horbacki	Sh B	13.39
18	R. Jeffrey	Sh B	13.39
19	C. Buckley	Hig	13.57
20	S. Richardson	Sh B	14.32
21	F. Weston	LH	15.03
22	J. Lumineau	Hig	15.14
23	M. Dreisin	Bar	15.25
24	L. Scrimgeour	LH	17.01

Under 15 Girls Teams

1	Dacorum & Tring	17
2	Highgate Hrs	30
3	Shaftesbury Barnet	42
4	TVH	49
5	Trent Park	51
6	Cookham	52
7	Harrow	53
8	Ealing, Southall & Mdx	54
9	London Heathside	70
10	Barnet & Dist	73

Under 17 Women**3600 metres**

1	I. Patel	Dac Tr	15.35
2	M. Duer	TVH	16.12
3	M.Pettitt	Hig	16.44
4	N. Murphy	TVH	16.45
5	M. Dunne	Hig	17.02
6	H. Knowles	Hig	18.18
7	B. Murray	Cook	18.23
8	M. Chapman	Hig	18.41
9	M. Sammes	Cook	20.29

Teams

1	Highgate Hrs	14
2	TVH	16
3	Cookham	26
4	Dacorum & Tring	30