

NORTH WEST LONDON Y.A. CC. LEAGUE FIXTURE HELD AT KINGSBURY
Saturday 26th October 2019

U/11 Girls 2000 metres

50	1	J. March	Bar	7.12	TEAMS	
48	2	T. Talbot	Hig	7.45	Highgate	22
47	3	O. Shemilt	Cook	7.46	Cookham	44
46	4	A. Osman.	Hig	7.47	Cookham 'B'	96
45	5	T. Ions	QPH	7.50	QPH	96
44	6	S. Ahmed.	Hil	7.54	Barnet & Dist	103
	7	E. Gibley (Gst)	Bar Sch	7.57	Harrow	108
43	8	E. Lindley.	Hig	7.58	Shaftesbury Bar	123
42	9	M. Williams	Eal E	7.59	Hillingdon	123
41	10	M. Cobbold	Hig	8.04	Ldn. Heathside	129
40	11	L. Sherwin	Cook	8.05	Ealing Eagles	143
	12	N. Caine (Gst)	Bar Sch	8.06	Dacorum & Tring	159
39	13	N. Evans	Hrw	8.07	TVH	167
	14	C. Redondo (Gst)	LH	8.09	Trent Park	168
38	15	C. Parsons.	Bar	8.12	Ealing, Southall & Mdx	170
37	16	M. Brechner	Hig	8.13		
	17	G. Gregoriou (Gst)	Bar Sch	8.14		
36	18	D. Thirakaluthy	Cook	8.15		
35	19	L. Baki	QPH	8.16		
34	20	E. Baker	LH	8.21		
33	21	G. Colley	Cook	8.23		
32	22	H. McCarthy	Hrw	8.24		
31	23	A. Panwar	Sh	8.28		
30	24	H. Harrison	Cook	8.30		
29	25	A. Smith	Hig	8.31		
28	26	D. Ackrell	Cook	8.32		
	27	E. Candler (Gst)	Bar Sch	8.34		
27	28	E. Brown	LH	8.36		
26	29	S. Majed	Dac	8.38		
	30	E. Greenfield (Gst)	Bar Sch	8.40		
25	31	A. Shemilt	Cook	8.40		
24	32	M. Hammond	Sh	8.42		
23	33	S. Ahmed	Hil	8.51		
22	34	J. Balme	Hig	9.04		
21	35	E. Carsberg	Cook	9.04		
20	36	R. Nadgouda	Cook	9.07		
19	37	H. Baki	QPH	9.09		
18	38	X. Greenfields	TVH	9.10		
17	39	S. Corbyn	Sh	9.40		
16	40	M. Brown	Hrw	9.47		
15	41	D. Siyani	ESM	10.02		
14	42	J. Roberts	Cook	10.28		
13	43	B. Isted	Cook	11.18		
12	44	K. Amoils	T.P	12.03		

U/13 GIRLS – 3000 metres

50	1	A. Abdirahman	Hil	12.10
48	2	J. Heller	Cook	12.38
47	3	M. Rosen	LH	12.59
46	4	B. Evans	Dac	13.00
45	5	M. McCormack	TVH	13.05
44	6	H. Munday	LH	13.16
43	7	M. Muir	QPH	13.27
42	8	S. Bishop	TVH	13.30
41	9	J. Cadge	Dac	13.32
40	10	K. Simavova	TVH	13.37
39	11	K. Saunders	Hrw	13.41
38	12	A. Kelly	TVH	13.48
37	13	G. Johnson	Hig	13.48
36	14	K. Larkham	ESM	13.49
35	15	N. Matthews	Cook	13.50
34	16	E. Bartlett	Cook	13.50
33	17	K. Adams	Hrw	13.51
32	18	P. Goss	Dac	14.02
31	19	E. Head	Dac	14.09
30	20	L. Raghavan	TVH	14.12
29	21	F. Omar Abdi	Hig	14.23
28	22	H. Ford	Hrw	14.25
27	23	E. Light	Dac	14.28
26	24	M. De Vivenot	ESM	14.28
25	25	B. Chadwick	Hig	14.33
24	26	H. Fitzgerald	Cook	14.34
23	27	R. Dreisin	Bar	14.39
22	28	N. Bennett	EaL E	14.41
21	29	S. Toohey-Hicks	TP	14.44
20	30	E. Andrews	Bar	14.45
19	31	B. O'Shea	TP	14.45
18	32	R. Ansari	Hrw	14.59
17	33	A. Odedgberin	LH	15.30
16	34	N. Lind	QPH	15.32
15	35	E. Axtell	Hrw	15.33
14	36	R. Siyani	ESM	15.34
13	37	O. Harvey-Dew	Sh	15.34
12	38	C. Manel	Eal E	16.10
11	39	K. Bailey	QPH	16.13
10	40	A. Kelly	Dac	16.13
09	41	E. Iwe	Hrw	16.32
08	42	H. Light	Bar	16.34
07	43	L. Bicknell	QPH	16.43
06	44	R. Kunjasic	Hrw	17.13
05	45	I. Dussailant	ESM	17.27
04	46	L. Plasett	Sh	17.48
03	47	E. McCafferty	Bar	18.13
02	48	A. Sammes	Cook	18.24
01	49	A. Davison	ESM	18.29
01	50	G. Miller	Cook	19.18

TEAMS

TVH	35
Dacorum & Tring	50
Cookham	59
Harrow	82
Ldn Heathside	93
Highgate	110
Ealing, Sthl. Mx	119
Barnet & Dist	146
Hillingdon	154
Trent Park	162
Ealing Eagles	168
Shaftesbury Barnet	185

GIRLS U/15 - 4000 metres

50	1	N. McGovernr	Hil	14.26	Teams	
48	2	C. Terry	Cook	15.24		
47	3	L. Henson	ESM	15.40	Dacorum & Tring	34
46	4	J. Ridley	Cook	15.42	Cookham	54
45	5	S. Whitlum	Dac	15.47	Barnet & Dist	87
44	6	G. Finney	Bar	15.49	Trent Park	95
43	7	R. Keohane	TP	15.50	Highgate	96
42	8	O. Edwards	Dac	16.02	Harrow	98
41	9	S. Brancato	Cook	16.30	Ealing, Sthl. Mx	101
40	10	I. Frost	Dac	16.43	Hillingdon	118
39	11	L. Collis	Dac	16.45	Ldn. Heathside	130
38	12	E. Cresswell	Dac	16.55	QPH	132
37	13	M. Hampton-Phillips	LH	16.55	TVH	132
36	14	K. Driscoll	Hig	17.02	Shaftesbury Bar	136
35	15	J. Ions	QPH	17.05		
34	16	O. Matharu	Hrw	17.06		
33	17	B. Druce	Dac	17.06		
32	18	J. Parsons	TVH	17.07		
31	19	A. Horbacki	Sh	17.10		
30	20	K. Mitchell	Dac	17.18		
29	21	H. Kunjasic	Hrw	17.21		
28	22	L.Ergun	Hig	17.55		
27	23	S. Ergun	Hig	18.17		
26	24	N. Nicholas	TP	18.18		
25	25	O. Grigg	ESM	18.26		
24	26	T. Sonmez	Bar	18.31		
23	27	E. Lord	Bar	18.34		
22	28	A. Trhlikova	Bar	18.43		
21	29	B. Kunjasic	Hrw	19.03		
20	30	C. Harris	Bar	19.06		
19	31	A. Driscoll-Edwards	TP	19.15		
18	32	E. Jhooti	Hrw	19.23		
17	33	E. Dagger	TP	19.42		
16	34	A. Dussailant	ESM	20.19		
15	35	P. Allwright	TP	21.08		
14	36	M. Shah	Bar	21.57		
13	37	J. Summers	TP	22.37		
	38	A. Reeves (Gst)	TP	22.37		

UNDER 17 WOMEN – 5000 metres

50	1	M. Blake	L.H	17.57
48	2	M. Casey	TVH	19.27
47	3	E. Roncarati	Sh	19.47
46	4	M. Duer	TVH	19.49
45	5	A. Cassidy	Dac	20.25
44	6	G. Hucknall	Dac	20.48
43	7	H. Grimes	Hrw	21.03
42	8	N. Murphy	TVH	21.20
41	9	K. May	ESM	22.22
40	10	J. Hill	Dac	22.27

TEAMS

1	TVH	25
2	Dacorum & Tring	32
3	Ldn. Heathside	34
4	Shaftesbury Bar	36
5	Harrow	40
6	Ealing, Sthl. Mdx	42

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BOYS UNDER 11 – 2000 metres

50	1	A. Seddon	Dac	6.37
48	2	B. Redland	LH	6.38
47	3	A. Phillips	Sh	6.48
46	4	O. Flemming	Bar	7.09
45	5	M. Panwar	Sh	7.11
44	6	W. Howes	Cook	7.14
43	7	A. Charles	Cook	7.15
42	8	M. Agarwal	Hrw	7.17
41	9	B. Cooke	Hig	7.18
40	10	F. Mormech	Cook	7.19
39	11	A. Pflug	QPH	7.20
38	12	L. Rice	Cook	7.22
37	13	T. Jayawardena	Bar	7.23
36	14	A. Salkeld	QPH	7.26
35	15	T. Jessop	Hrw	7.28
34	16	O. Fletcher	Hig	7.30
33	17	B. Mallandaine	Sh	7.32
32	18	A. Shaw	Hig	7.35
31	19	F. Nixon	TVH	7.37
	20	E. Phillips (Gst)	Bar Sch	7.38
30	21	S. Jabbar	QPH	7.39
29	22	M. Gilzean	TP	7.43
28	23	E. Edgar	ESM	7.47
27	24	A. Reupke	QPH	7.47
26	25	H. Englishby	QPH	7.49
	26	J. Redford (Gst)	Bar Sch	7.50
25	27	L. Shaw	Sh	7.51
24	28	H. Smith	Cook	7.52
23	29	L. Falk	TP	7.55
22	30	C. John	LH	7.57
21	31	T. Holmes	Cook	7.58
20	32	H. Mehrali	Hrw	7.59
19	33	B. Yusuf	ESM	8.00
18	34	S. Watts	ESM	8.03
17	35	I. Dhandapani	ESM	8.05
16	36	S. Nicholson	Cook	8.06
15	37	L. Dolphin	Cook	8.08
14	38	A. Bhosale	Hrw	8.09
13	39	W. Powell	Cook	8.11
12	40	M. Phillis	Cook	8.13
11	41	E. Duff Miller	Eal E.	8.14
10	42	N. Levy	ESM	8.18
09	43	T. Taylor	Hig	8.18
08	44	J. Testa	QPH	8.21
07	45	J. McDonagh Sanchez	Bar	8.21
06	46	R. Mundy	Hrw	8.22
05	47	L. Kercher	TP	8.23

Boys under 11 Continued

04	48	G. Parsons	TVH	8.25
03	49	C. Bristow	Hrw	8.28
02	50	A. Thompson	ESM	8.29
01	51	S. Yadav	Hrw	8.30
01	52	K. Tikam	Hrw	8.34
01	53	G. Bellass	Bar	8.44
01	54	T. Jessop	Hrw	8.47
01	55	Z. Watts	Hig	8.55
01	56	L. Daliber	Hig	8.57
01	57	C. Robert	Hrw	9.57
01	58	F. Dell Aglio	ESM	10.01

Teams	Cookham	35
	Shaftesbury Barnet	49
	QPH	68
	Highgate	83
	Harrow	87
	Barnet & Dist	109
	Ealing, Sthl. Mx	115
	Cookham 'B'	120
	Ldn. Heathside	139
	Trent Park	147
	Dacorum & Tring	169
	TVH	176
	Harrow 'B'	186
	Ealing Eagles	206

BOYS UNDER 13 3000 METRES

50	1	Z. Jones	Sh	11.26
48	2	L. Bailey	Hig	11.34
47	3	G. Hawkins	Dac	12.03
46	4	A. Ward	Sh	12.06
45	5	V. Redondo	TP	12.08
44	6	T. Chadwick	Hig	12.09
43	7	M. Dadomo	Hrw	12.12
42	8	T. Parker	LH	12.16
41	9	I. Joslin	LH	12.19
40	10	W. Dart	Cook	12.20
39	11	I. Mezey	ESM	12.23
38	12	R. Rock	TVH	12.44
37	13	D. Robert	Hrw	12.48
36	14	R. Webster	Hig	12.52
35	15	E. Powell	Bar	12.53
34	16	G. Fawcett	Bar	12.56
33	17	A. Edgar	ESM	13.14
32	18	J. Balme	Hig	13.21
31	19	A. Ofurum	Hrw	13.22
30	20	J. Cameron	Hig	13.24
29	21	M. Omell	Bar	13.26
28	22	K. Harris-Eze	Bar	13.27
27	23	S. Ward	QPH	13.28
26	24	H. White	Hrw	13.30
25	25	K. Prempeh	ESM	13.32
24	26	H. Williams	Hil	13.38
23	27	J. Ineson	Cook	13.41
22	28	E. Paine	TP	13.46
21	29	E. Cooke	Hig	13.54
20	30	S. Colley	Cook	14.01
19	31	J. Andrews	Bar	14.15
18	32	O. Moss	TP	14.18
17	33	N. Powlson	Eal E.	14.22
16	34	O. Tivnann	TP	14.33
	35	A.N. Other (Gst)	Bar Sch	14.37
15	36	W. Hobbs	Hrw	14.54
14	37	J. Smith	Cook	15.07
	38	J. Agamear (Gst)	Bar Sch	15.08
13	39	L. House	Cook	15.09
	40	J. Ross-Jackson (Gst)	Bar Sch	15.13
12	41	A. Ball	TP	15.39
11	42	O. Podbury	Cook	15.53
10	43	A. Driscoll	Hig	15.55
09	44	O. Smythe	Bar	15.56
08	45	E. Thompson	ESM	16.05

TEAMS

Highgate	40
Harrow	60
Barnet & Dist	74
Shaftesbury Bar	91
Ealing, Sthl. Mdx	96
Trent Park	99
Cookham	103
Ldn. Heathside	105
Dacorum & Tring	132
TVH	141
QPH	152
Hillingdon	155
Ealing Eagles	162

BOYS UNDER 15 4000 METRES

50	1	A. Hamud	Hil	13.10
48	2	F. McGrath	Cook	13.19
47	3	A. Ferrari	TP	13.29
46	4	J. Bailey	Hig	13.43
45	5	S. Blake	LH	13.47
44	6	T. Gaunce	Dac	13.51
43	7	E. Isted	Cook	14.13
42	8	M. Smith	LH	14.15
41	9	N. Oduro	LH	14.18
40	10	J. Alden	Bar	14.21
39	11	T. Ojha	Hil	14.24
38	12	L. Maher	LH	14.25
37	13	D. Paine	TP	14.26
36	14	M. Rock	TVH	14.41
35	15	T. Fryer	Dac	15.00
34	16	C. Bleazard	Cook	15.02
33	17	H. Johnston	Cook	15.13
32	18	T. Mezey	ESM	15.13
31	19	C. Rollo	TVH	15.18
30	20	N. Douglas	TP	15.20
29	21	E. Jackson	TP	15.21
28	22	J. Lilley	Dac	15.33
27	23	J. Everson-Plant	Cook	15.34
26	24	A. Dietrich	LH	15.48
25	25	J. Hamilton	Dac	15.51
24	26	N. Crabtree	TP	15.52
23	27	M. Kercher	TP	15.58
22	28	A. Larkham	ESM	16.09
21	29	J. Nixon	TVH	16.24
20	30	J. Rashid Grant	Bar	16.28
19	31	N. Clarke	Bar	16.39
18	32	Y. Salat	Hil	16.41
17	33	M. Ibrahim	ESM	16.58
	34	D. Cane (Gst)	Bar Sch	17.01
16	35	J. Whitlam	Eal E	17.03
15	36	T. Edwards	Sh	17.08
14	37	B. Draskoczy	LH	17.46
13	38	H. Zaaiteer	ESM	18.08
12	39	B. Halstead	TP	18.14

TEAMS

1	London Heathside	34	8	Ealing, Sthl. Mdx	116
2	Cookham	42	9	Highgate	124
3	Trent Park	57	10	Trent Park 'B'	130
4	Dacorum & Tring	68	11	Ealing Eagles	154
5	Hillingdon	84	12	Shaftesbury Barnet	155
6	TVH	102			
7	Barnet & Dist	111			

UNDER 17 MEN – 5000 metres

50	1	T. Archer	LH	15.40
48	2	F. Truman-Williams	Dac	15.57
47	3	M. Armstrong	Dac	16.14
46	4	J. Evans	LH	16.23
45	5	H. Ahmed	Hil	16.38
44	6	F. MacCarthy	Sh	16.41
43	7	S. Umashankar	TVH	16.46
42`	8	A. Khalif	Hil	16.53
41	9	T. O'Reilly	Dac	16.55
40	10	A. Lytrides	TP	17.01
39	11	B. Reynolds	Cook	17.07
38	12	B. Rock	TVH	17.17
37	13	K. Strachan	Hrw	17.39
36	14	S. Diamond	LH	17.41
35	15	M. Muralitheran	Hrw	17.46
34	16	S. Ingram	LH	17.50
33	17	L. Finnegan	TP	18.18
32	18	T. Edgar	ESM	18.21
31	19	R. O'Connor	LH	19.05
30	20	D. Ineson	Cook	19.09
29	21	G. Collins	Hrw	19.51
28	22	A. Ferrand	TVH	20.38
27	23	J. Street	TP	20.39
26	24	E. Alexander	TP	20.42

TEAMS

London Heathside	35
Dacorum & Tring	39
Hillingdon	63
TVH	66
Trent Park	72
Harrow	74
Cookham	81
Shaftesbury	81
Ealing Sthl & Mdx	93