

NORTH WEST LONDON YOUNG ATHLETES CC. LEAGUE

Fixture held at Hampstead Heath Extension, Saturday 18th January 2025

Boys Under 11

2000 metres

1	H. McDonald	Dac	5.54	26	Z. Bugembe	EE	6.52
2	E. Polubryukhov	ESM	6.03	27	D. Khajuria	Bar	6.54
3	A. Panchal	LH	6.05	28	A. Fuzesi	Hig	6.55
4	D. Janmohamed	Sh	6.07	29	A. Said	Hig	7.01
5	L. Xie	Sh	6.07	30	D. Talbot	LH	7.01
6	J. Michalik	Sh	6.11	31	J. Mainwood	Hig	7.03
7	M. Schofield	LH	6.11	32	O. Redwood	Sh	7.05
8	P. Moses-John	Sh	6.12	33	F. Blackman	E E	7.05
9	H. Cartledge	WSE	6.15	34	E. Chang	Hig	7.06
10	R. Carefull	Hig	6.16	35	H. Choppin	Hig	7.07
11	Z. Milton	E E	6.17	36	J. Quinby	Bar	7.11
12	L. Greenwood	TPk	6.18	37	J. Ferguson-Bailey	LH	7.19
13	E. Slutzkin	Sh	6.26	38	C. Crane	Dac	7.21
14	A. Baird	QPH	6.29	39	A. March	Bar	7.33
15	B. Aldridge	LH	6.35	40	I. Bhandal	Hrw	7.41
16	L. Hill	TPk	6.36	41	D. Jeles	LH	7.42
17	O. Tarbuck	WSE	6.36	42	M. Bird	Sh	7.43
18	T. Kane	Bar	6.37	43	I. Bird	Sh	7.44
19	M. McCrabbe	Mhd	6.41	44	W. Bel-Young	LH	7.46
20	C. Lodge	LH	6.43	45	T. Bettridge	Sh	7.57
21	R. Wilcox	LH	6.45	46	J. Farhi	LH	8.03
22	J. Van Clarke	Hig	6.46	47	M. Sassa	Hig	8.14
23	R. Varia	Sh	6.46	48	A. Hamam	Hrw	8.17
24	A. Butler	ESM	6.47	49	R. Sumitomo	LH	8.19
25	F. Escoffey	Hrw	6.48	50	A Zavadsky.	Bar	8.22

Boys Under 13 3000 metres

1	F. Kounoupas-Prastato	LH	11.11	16	A. Papadukis	Hig	13.12
2	A. Pettican	Hig	11.21	17	M. Lacey	ESM	13.18
3	O. Stubbins	ESM	11.32	18	A. Edis	Hig	13.23
4	J. Cobbold	Hig	11.33	19	J. Shepherd	Hig	13.24
5	R. Parkes	Sh	11.38	20	F. Allen	ESM	13.28
6	L. Da Silva	TVH	12.16	21	A. O'Shea	QPH	13.42
7	J. Phillips	ESM	12.18	22	H. Eyre	LH	13.46
8	K. Bagate	TP	12.22	23	C. Hayward	TP	13.54
9	A. Rankin	LH	12.32	24	O. Poole	EE	13.54
10	C. Poulson	ESM	12.36	25	J. Gilbert	Bar	13.57
11	S. Rochester	EE	12.52	26	D. Shah	Bar	13.59
12	E. Hinds	Hrw	12.53	27	O. Reid	QPH	14.02
13	R. Mainwood	Hig	13.03	28	W. Edwards	LH	14.38
14	B. Frearson	Hrw	13.11	29	I. Bence	LH	16.08
15	A. Watson	Hrw	13.11	30	K. Tsui	Bar	17.03

Boys Under 15 3800 metres

1	C. Nicolson	LH	13.53	25	T. Pierse	Hrw	17.18
2	L. Tomlinson	Hig	14.03	26	A. Schiffner	ESM	17.31
3	A. Falkowski	TP	14.22	27	A. Atligil	Bar	19.02
4	A. Kirk	LH	14.23				
5	R. Greenwood	TP	14.23				
6	L. Boulting	ESM	14.31				
7	A. Sinko Uribe	Hig	14.34				
8	A. Chen	TVH	13.41				
9	D. Frearson	Hrw	14.51				
10	J. Strabo	TVH	14.55				
11	M. Muers	ESM	15.09				
12	L. Shaw	Sh	15.34				
13	S. Clements	Sh	15.45				
14	N. Grela-Bekele	LH	15.52				
15	Z. Broachi	Hig	15.53				
16	O. Miah	Sh	16.01				
17	N. Anderson	Hig	16.11				
18	F. Bence	LH	16.12				
19	J. Livingstone	LH	16.36				
20	S. Darcy	Sh	16.39				
21	L. Bestman Calva	LH	16.41				
22	K. Liyanage	ESM	16.48				
23	A. Hidalgo-Hudi	Sh	17.01				
24	E. Jamal	Hrw	17.08				

Men Under 17 4800 metres

1	S. Turner	LH	14.55
2	R. Rock	TVH	14.56
3	J. Drinkell	Hig	15.44
4	D. Mills	LH	15.48
5	A. MacAvoy	Sh	15.52
6	M. O'Mell	Bar	15.53
7	M. Stripp	ESM	16.21
8	J. McDonagh-Sanchez	Bar	16.31
9	M. Callender-Galbraith	ESM	16.34
10	N. Levy	ESM	16.38
11	D. Easten	MdHd	16.59
12	O. Smith-Yeadon	MdHd	17.2
13	D. O'Shea	Hig	17.53
14	C. Bristow	Hrw	18.15
15	T. Price	ESM	18.28
16	C. Aldritt	TP	18.31
17	W. Du	Hig	20.22

Boys Under 11 Teams

1	Shaftesbury Barnet	23
2	London Heathside	45
3	Highgate	89
4	Shaftesbury Barnet 'B'	110
5	Barnet & District	120
6	Ealing Eagles	121
7	Windsor Slough & Eton	128
8	Ealing Southall & Mdx	128
9	London Heathside 'B'	129
10	Trent Park	130
11	Dacorum	141
12	Highgate 'B'	147
13	Harrow	164
14	QPH	167
15	Maidenhead	172

Boys Under 13 Teams

1	Highgate	35
2	Ealing, Sthl & Middx	37
3	London Heathside	60
4	Harrow	72
5	Trent Park	93
6	Ealing Eagles	97
7	Shaftesbury Barnet	98
8	TVH	99
9	QPH	110
10	Barnet & District	112

Boys Under 15 Teams

1	London Heathside	37
2	Highgate	41
3	Shaftesbury Barnet	61
4	Trent Park	64
5	Ealing, Sthl & Middx	65
6	TVH	74
7	Harrow	86
8	Barnet & District	111

Under 17 Men Teams

1	Ealing, Sthl & Middx	41
2	London Heathside	41
3	Barnet & District	50
4	Highgate	51
5	TVH	56
6	Maidenhead	59
7	Shaftesbury Barnet	59
8	Harrow	68
9	Trent Park	70

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NORTH WEST LONDON YOUNG ATHLETES CROSS COUNTRY LEAGUE

Fixture held at Hampstead Heath Extension, Saturday 18th January 2025

Girls Under 11

1700 metres

1	J. Watson	WSE	5.56	28	M. Michalik	Sh	7.45
2	S. Davies	TVH	5.58	29	D. Sydenham-Williams	Bar	7.47
3	C. Boatman	EE	6.18	30	L. Groh	WSE	7.49
4	A. Murray	Hig	6.19	31	A. Papadukis	Hig	7.53
5	T. Molnar	WSE	6.31	32	S. Borja	LH	8.13
6	E. Smith	WSE	6.32	33	E. Schofield	LH	8.19
7	K. Adelise	Sh	6.38	34	A. Roy	EE	8.24
8	M. March	Bar	6.43	35	P. Fullerton	Dac	8.35
9	R. Harris	WSE	6.48	36	S. Kakoo	Hrw	8.37
10	O. Greaves	WSE	6.48	37	E. Braine	QPH	8.41
11	I. Davies	TVH	6.51	38	B. Steer	QPH	8.44
12	F. Wright	WSE	6.51	39	A. Nisser	EE	8.47
13	L. Janmohamed	Sh	6.53	40	M. Haward	LH	9.08
14	F. Phillips	Hig	6.56	41	E. Reller	LH	9.09
15	H. O'Shea	Hig	7.03	42	I. Rosenblatt	LH	9.09
16	A. Bronfentrinker	QPH	7.04	43	N. Rose-Morris	Hrw	9.09
17	B. O'Hagan Smith	Bar	7.05	44	S. Sharaz	Hig	9.45
18	F. Constance	L.H.	7.14	45	Y. Balter	LH	11.03
19	E. Bettridge	Sh	7.19	46	M. Obulate	LH	12.19
20	A. Knight	WSE	7.19	47	T. Fraser	LH	13.13
21	A. Vernon	WSE	7.22	48	S. Khalil	LH	13.13
22	L. Kramer	LH	7.27				
23	G. Warmate	Sh	7.28				
24	E. Deakin	LH	7.33				
25	E. Walls	LH	7.36				
26	H. Morawska	ESM	7.41				
27	E. Chang	Hig	7.43				

Girls Under 13 3000 metres

1	M. Keam-George	TVH	12.25	29	J. Andre	LH	18.19
2	C. Cooper	Bar	12.36	30	S. Murray	LH	18.21
3	C. Tomlinson	Hig	12.55	31	A. Rajab	LH	18.34
4	E. Johnson	ESM	13.03	32	L. Andre	LH	19.03
5	S. Atek	Hrw	13.06	33	E. Brown	QPH	20.44
6	I. Michaelakis	ESM	13.06	34	T. Danz	QPH	20.45
7	E. Deakin	LH	13.17				
8	E. Shaw	Bar	13.18				
9	C. Ivanova	ESM	13.31				
10	E. Osbaldeston	WSE	13.36				
11	M. Hinson	LH	13.48				
12	M. Allison	QPH	13.54				
13	V. Olas	Hrw	13.56				
14	D. Alford	QPH	13.57				
15	A. Winfield	Dac	14.01				
16	S. Darcy	Sh	14.04				
17	L. Weijs	Dac	14.06				
18	L. Wilson	TVH	14.11				
19	E. Calvo	TVH	14.19				
20	V. Zavadsky	Bar	14.19				
21	G. Lawrence	LH	14.19				
22	S. Baker	LH	14.27				
23	S. Brick	QPH	14.41				
24	I. Agrawal	Hig	14.42				
25	I. Steer	QPH	15.52				
26	I. Yadav	Hrw	15.59				
27	M. Kramer	LH	16.46				
28	P. Pullen	QPH	17.41				

Girls Under 15 3800 metres

1	S. Allen	Hig	14.45	21	C. Sadler	ESM	18.56
2	A. Johnson	ESM	15.17	22	V. Guillemin	LH	18.56
3	M. Hunt	LH	16.36	23	A. Papadukis	Hig	19.04
4	E. Walsh	ESM	16.52	24	V. Vasquez	LH	19.23
5	K. Dalton	Hrw	16.55	25	T. Pushpananthau	LH	22.51
6	B. Dalton	Hrw	16.58	26	D. Spencer	LH	37.03
7	S. Bennett	TVH	17.26	27	A. Bereket	LH	37.04
8	C. Fenton	TVH	17.37	28	Z. Kasconceios	LH	37.04
9	Z. Crichton	ESM	17.37	29	K. Adjei	LH	37.08
10	I. Daley	TVH	17.39				
11	I. Kane	Bar	17.44				
12	O. Abbott	Sh	17.48				
13	F. Whittaker	Dac	17.51				
14	S. Sargeant	ESM	18.05				
15	O. O'Shea	Hig	18.15				
16	T. Conway	Bar	18.32				
17	R. Schofield	LH	18.33				
18	E. Changrathera	Hrw	18.47				
19	L. Ferguson	TVH	18.51				
20	E. Smith	ESM	18.55				

Under 17 Women**4800 metres**

1	L. Johnson	Dac	16.39
2	L. Deldendahl	Hig	17.16
3	A. Shankardass	LH	18.17
4	A. Kirk	LH	18.33
5	K. Korkin	LH	18.57
6	J. Luis	Hig	20.07
7	E. Lindlay	Hig	20.32
8	L. Stansfield	Dac	20.36

Girls Under 11 Teams

1	Windsor, Slough & Eton AC	21
2	Highgate Hrs	60
3	Shaftesbury Barnet	62
4	Windsor, Slough & Eton 'B'	63
5	London Heathside	89
6	Barnet & District AC	103
7	TVH	111
8	Ealing Eagles	125
9	QPH	130
10	London Heathside 'B'	146
11	Ealing, Sthl. Middx	173
12	Harrow	177
13	London Heathside 'C'	180
14	Dacorum	182

Girls Under 15 Teams

1	Ealing, Sthl, Middx	29
2	TVH	44
3	Harrow	59
4	London Heathside	66
5	Highgate	69
6	Barnet & District	87
7	Shaftesbury Barnet	102
8	Dacorum	103
9	London Heathside 'B'	106

Girls Under 13 Team

1	Ealing, Sthl. Middx	54
2	London Heathside	61
3	Barnet & Dist AC	65
4	TVH	73
5	QPH	74
6	Harrow	79
7	Highgate	97
8	Dacorum AC	102
9	Windsor, Sl & Eton	115
10	London Heathside AC 'B'	117
11	Shaftesbury Barnet	121

Under 17 Women Under 17 Women Teams

1	London Heathside	27
2	Highgate	24
3	Dacorum	21