NORTH WEST LONDON YOUNG ATHLETES CC. LEAGUE

FIXTURE HELD AT FRYENT PARK, KINGSBURY, SATURDAY 31st OCTOBER 2026

Host Club Queens Park Hrs

Boys Under 12 2000 metrwa

1	O. Lewis		Hig	6.29	27	M. Stock		SH B	7.22
2	R. Dunn		TVH	6.37	28	I. Bird		SH B	7.23
3	A. Davison		Hig	6.41	29	D. Chakravorty Thanendra		Hrw	7.28
4	D. Toogood		Hig	6.42	30	E. Kattan	****	SH B	7.31
5	L. Rolle		Bar	6.42	31	L. Savva		SH B	7.32
6	D. Ross		ESM	6.45	32	A. Thomas-Williams		Hrw	7.33
7	M. Thomas		ESM	6.56	33	F. Smith		L H	7.35
8	M. Walmsley		TVH	6.58	34	F. Meyer		L H	7.36
9	A. Rothwell		Hig	7.01	35	H. Georgiou		Hrw	7.37
10	A. Baird		QPH	7.02	36	A. Fuzesi		Hig	7.37
11	J. Turner		E E	7.03	37	M. Shirnov	****	E E	7.38
12	B. Aldridge		L H	7.05	38	I.Levin		P B R	7.39
13	F. Vazquez-Robinson		L H	7.06	39	H. Cuthbert	****	P B R	7.39
14	A. Sriskantha		E E	7.07	40	F. Myles		SH B	7.44
15	F. Escoffey		Hrw	7.09	41	J. Dodson		P B R	7.45
16	Z. Hurley		E E	7.09	42	R. Roberts		SH B	7.46
17	M. Michalik		SH B	7.11	43	T. Century		Bar	7.49
18	T. Lesser		SH B	7.11	44	F. Rust		TVH	7.52
19	D. Stojkov		SH B	7.12	45	M. Orsborne		T Pk	7.56
20	A. Dobbs		Hig	7.15	46	T. Coombs		M Hd	7.59
21	S. Phillips	****	Hig	7.17	47	G. McDougall		T Pk	8.04
22	H. Nadler		Hig	7.18	48	H. Aboody.	****	SH B	8.06
23	M. Bird		SH B	7.18	49	O. Dix		Hig	8.08
24	T. Sibbering		ESM	7.18	50	K. Richardson		SH B	8.15
25	L. Da Silva		TVH	7.19	51	R. Stock	****	SH B	8.17
26	I. Sawbridge		Hrw	7.21	52	N. Liaw		QPH	8.17

Boys Under 12 continued

53	I. D'Ippoliti	Hig	8.21
54	N. Aboody	SH B	8.22
55	G. O'Hagan-Smith ****	Bar	8.23
56	O. Kidel	Hig	8.24
57	R. Elkins	TVH	8.25
58	R. Rossi Di Bari	Hrw	8.25
59	C. Chew	QPH	8.27
60	I. Bell-Young	L H	8.43
61	A. Wilkes Turpie ****	SH B	8.45
62	P. Dancyier	L H	8.57
63	F. Zachan Brown	Hig	9.07
64	A. Balasubramaniam	Hrw	9.34
65	T. Suffolk	ESM	10.09

Boys Under 12 Teams

1	Highgate Hrs 'A'	17
2	Shaftesbury Barnet Hrs	77
3	Ealing Eagles RC	78
4	Thames Valley Hrs	79
5	London Heathside RC	92
6	Highgate Hrs 'B'	99
7	Harrow AC	102
8	Ealing, Southall & Middx AC	102
9	Shaftesbury Barnet Hrs 'B'	116
10	Barnet & District AC	170
11	Shaftesbury Barnet Hrs 'C'	180
12	P B Racing	184
13	Queens Park Hrs	187
14	Trent Park RC	204
15	Highgate Hrs 'C'	221
16	Maidenhead AC	238

Boys Under 14 3000 metres

1	K. Scholtz-Rathmann	SH B	11.43
2	E. Mortimer	ESM	11.47
3	L. Reichel	TVH	11.49
4	O. Lunn	TVH	11.49
5	J. Michalik	SH B	11.57
6	M. Schofield	L H	11.58
7	C. Jordan	Bar	12.14
8	M. Girard-Reydet	ESM	12.16
9	K. Abdullah	L H	12.25
10	L. Hill	T Pk	12.27
11	Z. Sheikh	ESM	12.31
12	T. Kane	Bar	12.37
13	O. Ozols	ESM	12.39
14	J. Quinby	Bar	12.55
15	A.Armer	T Pk	12.56
16	C. Alexander	Hig	13.15
17	Z. Quaye-Murray	SH B	13.22
18	T. Loveridge	M Hd	13.29
19	H. Ferriman	P B R	13.46
20	D. Khadjuria	Bar	13.57
21	R. Irwin	L H	13.58
22	S. Jones	T Pk	14.04
23	P. Boardman	QPH	14.31
24	M. Ecclestone	T Pk	14.35
25	O. Tarbuck	M Hd	14.38
26	J. Jones	ESM	14.46
27	J. Richardson	SH B	14.51
28	S. Heatley	T Pk	14.51
29	O. Wilton Power	TVH	14.55
30	J. O'Sullivan	Hrw	15.51
31	S. Chatterjee	QPH	16.18
32	A. Zavadsky	Bar	17.42
33	P. El Khoury	ESM	18.49
34	L. Chew	QPH	19.55

Under 14 Boys Teams

1	Ealing, Southall & Middx AC	34
2	Shaftesbury Barnet Hrs	50
3	Barnet & District AC	53
4	Trent Park RC	71
5	London Heathside RC	71
6	Thames Valley Hrs	71
7	Maidenhead AC	113
8	Highgate Hrs	121
9	P B Racing	124
10	Queens Park Hrs	123
11	Harrow AC	135

Boys Under 16 4000 metres

1	J. Cobbold	Hig	13.06
2	O. Stubbins	ESM	13.16
3	A. Yosri	Bar	13.39
4	H. Coleman	Hig	13.48
5	B. Muralidhar	ESM	13.52
6	S. Rochester	ESM	14.01
7	A. Soszynski	Bar	14.12
8	T. Jones	E E	14.14
9	A. Jain	L H	14.19
10	L. Turner	E E	14.23
11	N. Liborg	E E	14.29
12	H. Martin	ESM	14.31
13	M. Devlin	Hrw	14.37
14	O. Marsden	L H	14.49
15	A. Korth	SH B	14.59
16	S. Wasserberg	L H	15.04
17	C. Hayward	T Pk	15.24
18	M. Nash	T Pk	15.24
19	W. Edwards	L H	15.33
20	I. Zalli	L H	15.38
21	E. Hubert	Hrw	15.39
22	A. O'Shea	QPH	15.56
23	E. Grovners	ESM	16.26
24	K. Tsui	Bar	16.36
25	A. Chan	PB R	16.39
26	B. Pak	Hig	16.47
27	L. Grossman	SH B	17.52

Boys Under 16 Teams

1	Ealing, Southall & Middx AC	25
2	Ealing Eagles RC	57
3	London Heathside RC	58
4	Highgate Hrs	59
5	Barnet & District AC	62
6	Harrow AC	90
7	Trent Park RC	91
8	Shaftesbury Barnet Hrs	98
9	Queens Park Hrs	106
10	P B Racing	109

Men Under 18 5000 metres

1	D. Frearson	Hrw	16.01
2	A. Falkowski	T. Pk	16.13
3	B. Mitchell	Hrw	16.29
4	V. Chopra	Hrw	16.35
5	R. Stark	Bar	16.54
6	A. Rourke	QPH	17.02
7	L. Hutchison	ESM	18.51
8	W. Oliver	M Hd	20.12
9	E. Winton	M Hd	20.26
10	R. Parry-Garnaud	T Pk	22.09

Men Under 18 Teams

1	Harrow AC	19
2	Trent Park RC	34
3	Barnet & District AC	38
4	Maidenhead AC	39
5	Queens Park Hrs	39
6	Ealing, Southall & Middx AC	40

NORTH WEST LONDON YOUNG ATHLETES CROSS COUNTRY LEAGUE

Fixture held at Fryent Park, Kingsbury, Saturday 31st October

Host Club Queens Park Harriers

Girls Under 12 **2000 metres**

1	F. Phillips		Hig	7.02
2	T. Dawes		P B R	7.39
3	E. Paitoo		L H	7.46
4	E. Deakin		LH	7.48
5	A. Trang-Hespel		Hig	7.57
6	A. Shah		Hig	8.04
7	A. Nisser		E E	8.05
8	L. Douglas		E E	8.05
9	I. Lord		SH B	8.09
10	P. Parrett		P B R	8.13
11	O. Zalli		L H	8.18
12	M. Michalik		SH B	8.21
13	E. Schofield		L H	8.22
14	M. Welbourn		L H	8.23
15	L. Blackwood		Bar	8.46
16	G. de Angelis Weir		Hig	8.47
17	E. Sharrocks	****	E E	8.47
18	L. Meron-Weston		E E	8.56
19	L. Chen		SH B	8.59
20	C. Conan		E E	9.07
21	E. Roy		E E	9.11
22	N. Conan	****	E E	9.17
23	Z. Moore	*****	Sh	9.46
24	O. Strawson		M Hd	9.53
25	E. Strawson		M Hd	9.54
26	C.Quinby		Bar	9.55
27	I. Jeffries		M Hd	10.01
28	I. Greaves		P B R	10.06

U/12 Girls Teams

1	Highgate Hrs	28
2	London Heathside RC	31
3	Ealing Eagles RC	50
4	Shaftesbury Barnet Hrs	63
5	P B Racing	69
6	Barnet & District AC	99
7	Maidenhead AC	105

Girls Under 14 **3000 metres**

1	A. Murray	Hig	12.11
2	C. Bootman	E E	12.17
3	A. Wilkes-Turpie	SH B	12.41
4	O. Thorpe	Hrw	12.42
5	H. Avraam	Bar	12.49
6	B. Elkins	TVH	12.53
7	B. Francis	M Hd	12.56
8	A. Tzanidaki	Hrw	12.58
9	A. Bennett	ESM	13.09
10	S. Dal Pont	TVH	13.34
11	G. Das Gupta	Hig	13.34
12	R. Konviser	SH B	13.42
13	A. Bronfentrinker	Hig	13.43
14	A. Bah	L H	13.44
15	B. O'Hagan-Smith	Bar	13.48
16	T. Neary	QPH	13.51
17	H. O'Shea	Hig	14.01
18	B. Briody-West	Hrw	14.06
19	S. Shaw	Bar	14.13
20	E. Ventre	Hrw	14.14
21	C. Croxford	Hrw	14.25
22	B. MacDouglas	QPH	14.29
23	F. Constance	L H	14.31
24	L. Ellis	M Hd	14.51
25	L. Kramer	L H	14.52
26	A. Dhanjal	L H	15.08
27	S. O'Leary	Hrw	15.11
28	R. Landy	Hrw	15.18
29	D. Sydenham-Williams	Bar	15.42
30	T. Njoroge	Bar	15.43
31	P. Parks	L H	15.53
32	A. Roy	E E	16.02
33	J. Egerton	E E	16.21
34	E. Smedley	M Hd	16.22
35	B. Nellenbach	Hig	16.41
36	A. Davies	M Hd	20.29

Under 14 Girls Teams

1	Highgate Hrs	42
2	Harrow AC	50
3	Barnet & District AC	68
4	London Heathside RC	88
5	Shaftesbury Barnet Hrs	89
6	Thames Valley Hrs	90
7	Maidenhead AC	101
8	Ealing Eagles RC	104
9	Queens Park Hrs	112
10	Ealing, Southall & Middx AC	120

Girls Under 16 **4000 metres**

1	M. Szyszko-Walls	ESM	14.37
2	C. Cooper	Bar	15.11
3	I. Galliford	Hrw	15.57
4	O. Holmes	M Hd	15.59
5	L. Irwin	L H	15.59
6	E. Deakin	L H	16.01
7	C. Kumar	ESM	16.02
8	L. McClure	L H	16.09
9	J. Shilling-Burg	L H	16.38
10	I. Matsunaga Michalakis	ESM	16.41
11	I. Yadav	Hrw	16.45
12	V. Zavadsky	Bar	16.58
13	M. McCarron	QPH	16.59
14	K. Ellis	M Hd	17.02
15	M. Monti	TVH	17.11
16	B. Cornazzani	ESM	17.11
17	Z.. Apraez	L H	17.26
18	I. Elliott	Hig	17.27
19	E. Kumar	ESM	17.42
20	O. Sly	Hrw	17.45
21	C. Fox	TVH	17.46
22	S. Andersson King	Hig	17.59
23	Z. Davies	M Hd	18.01
24	C. Pattni	SH B	18.04
25	Lily Mae Jeffries	M Hd	18.14
26	S. Brick	QPH	18.25
27	I. Agrawal	Hig	18.52
28	I.Balch	QPH	19.06
29	H. Gros Pietro	Hig	19.17
30	M. Kudriashova	Hig	20.15
31	M. Paker	L H	21.28
32	E. Trowler Mears	L H	21.28

Girls Under 16 Teams

1	London Heathside RC	28
2	Ealing, Southall & Middx AC	34
3	Maidenhead AC	66
4	Harrow AC	67
5	Barnet & District AC	80
6	Highgate Hrs	96
7	Queens Park Hrs	100
8	Thames Valley Hrs	102
9	Shaftesbury Barnet Hrs	123

Under 18 Women **5000 metres**

	P. Shaw U/20 Guest	Sh	17.54
1	J. Falkowska	Bar	18.53
2	E. Antcliffe	Hrw	18.59
3	E. Chandratheva	Hrw	19.01
4	E. Walsh	ESM	19.06
5	T. Conway	Bar	19.11
6	I. Kane	Bar	19.23
7	O. O'Shea	Hig	20.31
8	I. Western	Hig	23.18
9			

Women Under 18 Teams

1	Barnet & District AC	21
2	Harrow AC	23
3	Ealing, Southall & Middx AC	31
4	Highgate Hrs	33